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Appendix 1. PICOS table and search

Frame	Description	Key words and medical subject headings*
Patient	Patients underwent lumbar fusion regardless of the types of surgery or the length of the fused construct	#1: lumbar OR low back OR lower back OR lx OR spine OR spinal OR vertebra* OR thoracolumbar OR lumbosacral OR lumbopelvic #2: fusion OR internal fixat* OR arthrodes* OR instrumentation OR stabilization OR stabilisation
Exposure	Symptomatic or clinical adjacent segment disease (ASD) (diagnosed based on both radiological and clinical findings)	#3: adjacent segment disease* OR adjacent level disease* OR adjacent disc disease* OR adjacent disk disease* OR adjacent level disc disease* OR adjacent level disk disease* OR ASDis OR ASDz #4: adjacent segment degeneration OR adjacent level degeneration OR adjacent disc degeneration OR adjacent disk degeneration OR adjacent level disc degeneration OR ASDeg
Comparison Outcome	Patients without ASD Risk factors for adjacent segment disease (The primary article needs to provide statistical information (e.g., mean difference between patients with and without ASD, odds ratio, hazard ratio) regarding the risk of patients with ASD or enough raw data so that the relevant statistics can be calculated.	/ #5: risk factor* OR prognostic factor* OR predictive factor* OR odds ratio* OR hazard ratio*
Study design	Retrospective or prospective cohort studies, case-control studies, cross-sectional studies, randomized controlled trials that reported risk factors for ASD.	

Embase

☐ History	Save Delete Print view Export Email	Combine	using And	Collapse
☐ #42	#11 AND #18 AND #35 AND #41			401
☐ #41	#36 OR #37 OR #38 OR #39 OR #40			2,260,416
☐ #40	hazard AND ratio*			180,392
☐ #39	odds AND ratio*			338,757
☐ #38	predictive AND factor*			189,569
☐ #37	prognostic AND factor*			238,946
☐ #36	risk AND factor*			1,746,293
☐ #35	#27 OR #34			14,009
☐ #34	#28 OR #29 OR #30 OR #31 OR #32 OR #33			3,381
☐ #33	asdeg			17
☐ #32	adjacent AND level AND disc AND degeneration			1,091
☐ #31	adjacent AND disc AND degeneration			1,928
☐ #30	adjacent AND disc AND degeneration			2,167
☐ #29	adjacent AND level AND degeneration			1,815
☐ #28	adjacent AND segment AND degeneration			1,860
☐ #27	#19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26			12,613
☐ #26	asdz			4
☐ #25	asdis			62
☐ #24	adjacent AND level AND disc AND disease*			1,004
☐ #23	adjacent AND level AND disc AND disease*			1,219
☐ #22	adjacent AND disc AND disease*			2,124
☐ #21	adjacent AND disc AND disease*			2,381
☐ #20	adjacent AND level AND disease*			9,385
☐ #19	adjacent AND segment AND disease*			3,458
☐ #18	#12 OR #13 OR #14 OR #15 OR #16 OR #17			513,791
☐ #17	stabilisation			11,923
☐ #16	stabilization			124,711
☐ #15	instrumentation			75,122
☐ #14	arthrodes*			26,223
☐ #13	internal AND fixat*			29,667
☐ #12	fusion			283,844
☐ #11	#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10			941,883
☐ #10	lumbosacral			943
☐ #9	lumbosacral			17,667
☐ #8	thoracolumbar			13,186
☐ #7	vertebra*			259,831
☐ #6	spinal			453,047
☐ #5	spine			316,990
☐ #4	lx			5,050
☐ #3	lower AND back			40,095
☐ #2	low AND back			93,894
☐ #1	lumbar			175,229

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#	Query	Limiters/Expanders
S42	S11 AND S18 AND S35 AND S41	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S41	S36 OR S37 OR S38 OR S39 OR S40	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S40	TX hazard ratio*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S39	TX odds ratio*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S38	TX predictive factor*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S37	TX prognostic factor*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S36	TX risk factor*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S35	S27 OR S34	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S34	S28 OR S29 OR S30 OR S31 OR S32 OR S33	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S33	TX ASDeg	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S32	TX adjacent level disc degeneration	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S31	TX adjacent disk degeneration	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S30	TX adjacent disc degeneration	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S29	TX adjacent level degeneration	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S28	TX adjacent segment degeneration	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S27	S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase

S26	TX ASDz	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S25	TX ASDis	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S24	TX adjacent level disk disease*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S23	TX adjacent level disc disease*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S22	TX adjacent disk disease*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S21	TX adjacent disc disease*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S20	TX adjacent level disease*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S19	TX adjacent segment disease*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S18	S12 OR S13 OR S14 OR S15 OR S16 OR S17	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S17	TX stabilisation	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S16	TX stabilization	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S15	TX instrumentation	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S14	TX arthrodes*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S13	TX internal fixat*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S12	TX fusion	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S11	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8 OR S9 OR S10	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S10	TX lumbopelvic	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S9	TX lumbosacral	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase

S8	TX thoracolumbar	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S7	TX vertebra*	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S6	TX spinal	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S5	TX spine	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S4	TX lx	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S3	TX lower back	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S2	TX low back	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase
S1	TX lumbar	Expanders - Apply equivalent subjects Search modes - Boolean/Phrase



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-	+	#1	lumbar	5	MeSH Limits 15698
-	+	#2	low back		Limits 14411
-	+	#3	lower back		Limits 6736
-	+	#4	lx		Limits 1084
-	+	#5	spine		Limits 17606
-	+	#6	spinal		Limits 26808
-	+	#7	vertebra*		Limits 9444
-	+	#8	thoracolumbar		Limits 676
-	+	#9	lumbosacral		Limits 1344
-	+	#10	lumbopelvic		Limits 233
-	+	#11	#1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10		Limits 55715
-	+	#12	fusion		Limits 7284
-	+	#13	internal fixat*		Limits 2783
-	+	#14	arthrodes*		Limits 508
-	+	#15	instrumentation		Limits 23928
-	+	#16	stabilization		Limits 6503
-	+	#17	stabilisation		Limits 6506
-	+	#18	#12 or #13 or #14 or #15 or #16 or #17		Limits 38709
-	+	#19	adjacent segment disease*		Limits 257
-	+	#20	adjacent level disease*		Limits 811
-	+	#21	adjacent disc disease*		Limits 305
-	+	#22	adjacent disk disease*		Limits 305
-	+	#23	adjacent level disc disease*		Limits 220
-	+	#24	adjacent level disk disease*		Limits 220
-	+	#25	ASDis		Limits 2
-	+	#26	ASDz		Limits 0
-	+	#27	#19 or #20 or #21 or #22 or #23 or #24 or #25 or #26		Limits 953
-	+	#28	adjacent segment degeneration		Limits 193
-	+	#29	adjacent level degeneration		Limits 237
-	+	#30	adjacent disc degeneration		Limits 277
-	+	#31	adjacent disk degeneration		Limits 277
-	+	#32	adjacent level disc degeneration		Limits 197
-	+	#33	ASDeg		Limits 2
-	+	#34	#28 or #29 or #30 or #31 or #32 or #33		Limits 331
-	+	#35	#27 or #34		Limits 1057
-	+	#36	risk factor*		Limits 102249
-	+	#37	prognostic factor*		Limits 11771
-	+	#38	predictive factor*		Limits 12419
-	+	#39	odds ratio*		Limits 28039
-	+	#40	hazard ratio*		Limits 24341
-	+	#41	#36 or #37 or #38 or #39 or #40		Limits 145585
-	+	#42	#11 and #18 and #35 and #41		Limits 59

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Search History:

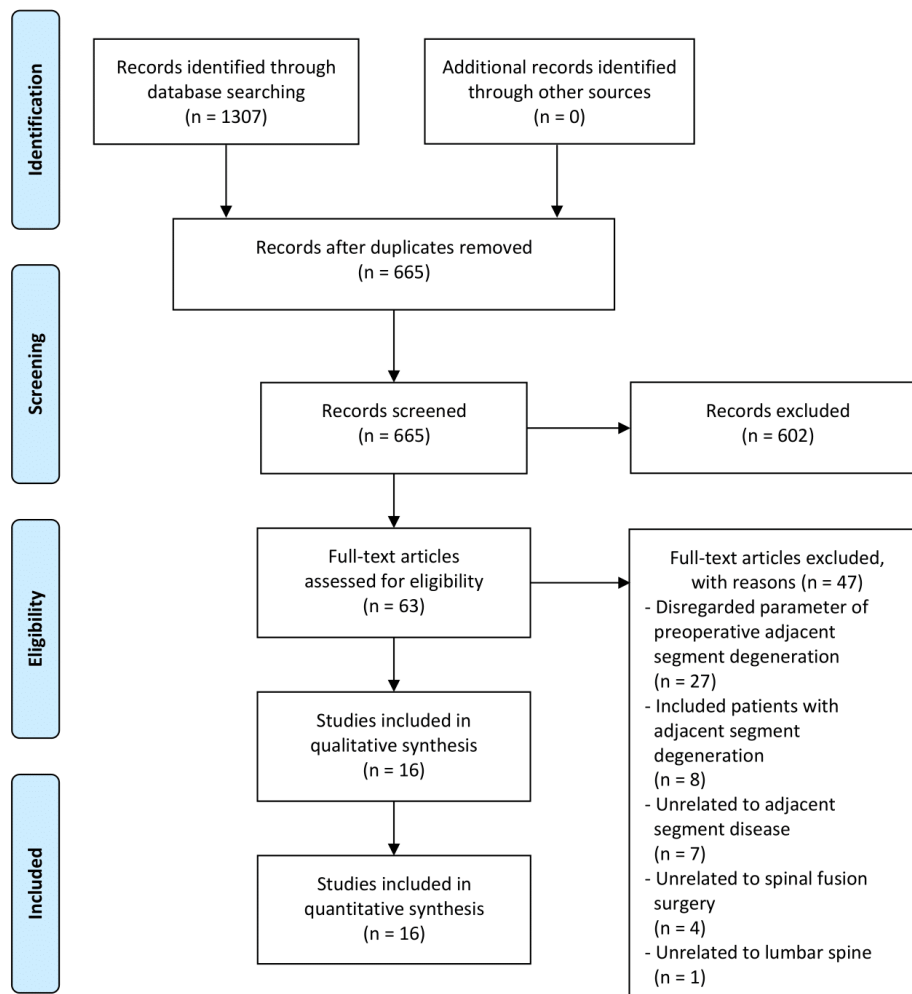
Set	Results		Edit Sets	Combine Sets ☐ AND ☐ OR Combine	Delete Sets Select All Delete
# 42	397	#41 AND #35 AND #18 AND #11 Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 41	1,600,978	#40 OR #39 OR #38 OR #37 OR #36 Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 40	125,889	ALL FIELDS: (hazard ratio*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 39	252,974	ALL FIELDS: (odds ratio*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 38	128,070	ALL FIELDS: (predictive factor*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 37	191,940	ALL FIELDS: (prognostic factor*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 36	1,196,012	ALL FIELDS: (risk factor*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 35	10,589	#34 OR #27 Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 34	2,516	#33 OR #32 OR #31 OR #30 OR #29 OR #28 Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 33	14	ALL FIELDS: (ASDag) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 32	973	ALL FIELDS: (adjacent level disc degeneration) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 31	277	ALL FIELDS: (adjacent disk degeneration) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 30	1,573	ALL FIELDS: (adjacent disc degeneration) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 29	1,573	ALL FIELDS: (adjacent level degeneration) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 28	1,635	ALL FIELDS: (adjacent segment degeneration) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 27	9,336	#26 OR #25 OR #24 OR #23 OR #22 OR #21 OR #20 OR #19 Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 26	3	ALL FIELDS: (ASDz) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 25	69	ALL FIELDS: (ASDis) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 24	199	ALL FIELDS: (adjacent level disk disease*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 23	1,018	ALL FIELDS: (adjacent level disc disease*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 22	363	ALL FIELDS: (adjacent disk disease*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 21	1,619	ALL FIELDS: (adjacent disc disease*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐
# 20	7,295	ALL FIELDS: (adjacent level disease*) Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years	Edit	☐	☐

# 19	2,822	ALL FIELDS: (adjacent segment disease*) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 18	1,179,704	#17 OR #16 OR #15 OR #14 OR #13 OR #12 <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 17	18,468	ALL FIELDS: (stabilisation) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 16	264,025	ALL FIELDS: (stabilization) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 15	438,343	ALL FIELDS: (instrumentation) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 14	12,473	ALL FIELDS: (arthrodes*) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 13	24,674	ALL FIELDS: (internal fixat*) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 12	460,144	ALL FIELDS: (fusion) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 11	840,710	#10 OR #9 OR #8 OR #7 OR #6 OR #5 OR #4 OR #3 OR #2 OR #1 <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 10	931	ALL FIELDS: (lumbopelvic) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 9	10,338	ALL FIELDS: (lumbosacral) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 8	9,097	ALL FIELDS: (thoracolumbar) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 7	227,614	ALL FIELDS: (vertebra*) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 6	311,274	ALL FIELDS: (spinal) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 5	182,668	ALL FIELDS: (spine) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 4	79,409	ALL FIELDS: (lx) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 3	135,698	ALL FIELDS: (lower back) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 2	134,991	ALL FIELDS: (low back) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
# 1	103,322	ALL FIELDS: (lumbar) <i>Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI Timespan=All years</i>	Edit	☐	☐
				☐ AND ☐ OR	Select All
				Combine	Delete

Appendix 2. Strength of evidence.²⁵

Strength of evidence	Description
Strong	Consistent (or pooled) findings with statistical significance from multiple studies with low risk of bias
Moderate	Consistent (or pooled) findings with statistical significance from multiple high risk of bias studies, and/or significant findings from one study with low risk of bias
Limited	Significant findings from one study with high risk of bias
Conflicting	Inconsistent findings among multiple studies
No evidence	No study(ies) showed statistical significance

Appendix 3. PRISMA flow diagram



Appendix 4. Newcastle-Ottawa Scale.

A) Cohort Studies

Study	NOS 1	NOS 2	NOS 3	NOS 4	NOS 5	NOS 6	NOS 7	NOS 8	NOS 9	Score	Risk of bias
Bagheri SR et al., 2019 ²⁶	1	1	1	1	1	1	1	1	1	9	Low
Wang H et al., 2017 ²⁹	0	1	1	0	1	0	1	0	0	4	High Very high
Wang S et al., 2017 ³⁰	0	1	1	0	0	0	1	0	0	3	
Zhong ZM et al., 2017 ³¹	0	1	1	1	0	0	1	0	0	4	High
Yugue I et al., 2016 ³²	1	1	1	0	1	0	1	0	0	5	High
Heo Y et al., 2015 ³³	1	1	0	0	0	0	0	0	1	3	Very high
Lee YS et al., 2015 ³⁴	0	1	0	0	0	0	1	0	0	2	Very high
Cho TK et al., 2014 ³⁶	0	1	1	0	1	0	1	0	1	5	High
Sakaura H et al., 2013 ³⁸	0	1	1	0	0	0	1	1	0	4	High
Kaito T et al., 2010 ³⁹	0	1	1	0	0	1	1	0	1	5	
Okuda S et al., 2004 ⁴¹	0	1	0	0	0	1	1	0	1	4	High
Percentage of rating 1	27%	100%	73%	18%	36%	27%	91%	18%	45%	Mean: 4.7	

Note. NOS_1 = Representativeness of the exposed cohort; NOS_2 = Selection of the non-exposed cohort; NOS_3 = Ascertainment of exposure; NOS_4 = Demonstration that outcome of interest was not present at start of study; NOS_5 = Study controls for diagnosis of index surgery in degenerative diseases; NOS_6 = Study controls for no radiological and symptomatic symptoms in non-ASD exposure group; NOS_7 = Assessment of outcome; NOS_8 = Was follow-up long enough for outcomes to occur; NOS_9 = Adequacy of follow up of cohorts.

B) Case-control studies

Study	NOS 1	NOS 2	NOS 3	NOS 4	NOS 5	NOS 6	NOS 7	NOS 8	NOS 9	Score	Risk of bias
Kim WJ et al., 2019 ²⁷	0	0	1	1	1	0	1	1	0	5	High
Mastsumoto T et al., 2017 ²⁸	0	0	1	1	1	0	0	0	0	4	High
Rothenfluh DA et al., 2015 ³⁵	0	0	1	1	1	0	0	0	0	4	
Liang J et al., 2014 ³⁷	0	1	1	0	1	0	1	1	0	5	High

Lee CS et al., 2009 ⁴⁰	0	1	1	0	1	0	0	0	0	3	Very high
Percentage of rating 1	0%	40%	100%	60%	100%	0%	40%	40%	0%	Mean: 4.2	

Note. NOS_1 = Is the case definition adequate; NOS_2 = Representativeness of the cases; NOS_3 = Selection of controls; NOS_4 = Definition of controls; NOS_5 = Study controls for diagnosis of index surgery in degenerative diseases; NOS_6 = Study controls for no radiological and symptomatic symptoms in non-ASD exposure group; NOS_7 = Ascertainment of exposure; NOS_8 = Same method of ascertainment for cases and controls; NOS_9 = Non-Response rate.

Appendix 5. Various risk factors for adjacent segment disease (ASD) investigated by the included studies that showed no statistical significance or conflicting results. If a potential factor consistently showed non-significant results in the relevant included studies, no meta-analysis was conducted because the pooled result would show no evidence for that factor to be a significant risk factor.

Potential Risk factor	Study	Number of patients	Statistics	ASD	Control (Ctrl)	Results	P-value	Pooled data (95%CI)	Level of evidence
Demographic									
Older age (years)	#Bagheri SR et al., 2019 ²⁶	ASD: 76 Ctrl: 554	Independent t-test	61.4 ± 4.1	62.4 ± 3.9	MD: -1.00 (95%CI: -1.9 to -0.1)	0.038	Pooled MD = 1.3 (-0.8 to 3.4) (P=0.22)	Conflicting
	#Wang H et al., 2017 ²⁹	ASD: 15 Ctrl: 222	Independent t-test	55.3 ± 10.5	53.1 ± 10.9	MD: 2.2 (95%CI: -3.5 to 7.9)	0.449		
	#Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Independent t-test	56.4 ± 8.8	54.6 ± 12.3	MD: 1.83 (95%CI: -3.8 to 7.4)	0.518		
	#Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Independent t-test	59.8 ± 14.1	58.2 ± 13.4	MD: 1.6 (95%CI: -5.1 to 8.3)	0.637		
	Yugue I et al., 2016 ³²	ASD: 44 Ctrl: 117	Log rank test	NA	NA	NA	0.399*		
	#Heo Y et al., 2015 ³³	ASD: 33 Ctrl: 345	Independent t-test	62.8 ± 8.2	58.7 ± 9.9	MD: 4.1 (95%CI: 0.6 to 7.6)	0.021		
	Lee YS et al., 2015 ³⁴	ASD: 16 Ctrl: 99	Log rank test	NA	NA	NA	NS*		
	Cho TK et al., 2014 ³⁶	ASD: 10 Ctrl: 144	Independent t-test	58.8 ± SD not reported	64.5 ± SD not reported	NA	0.006*		
	#Sakaura H et al., 2013 ³⁸	ASD: 4 Ctrl: 36	Independent t-test	53.5 ± 12.6	59.1 ± 15.1	MD: -5.6 (95%CI: -21.5 to 10.3)	0.481		
	#Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Independent t-test	66.0 ± 8.3	63.4 ± 8.6	MD: 2.6 (95%CI: -2.6 to 7.8)	0.325		
	#Okuda S et al., 2004 ⁴¹	ASD: 4 Ctrl: 58	Independent t-test	64.0 ± 5.0	64.1 ± 10.2	MD: 0.0 (95%CI: -10.1 to 10.1)	1.000		
History of alcohol drinking	#Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Chi-square test	Yes: 6 / No: 15	Yes: 54 / No: 42	OR: 0.3 (95%CI: 0.1 to 0.9)	0.026	Pooled OR	Conflicting

	#Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 8 / No: 10	Yes: 68 / No: 68	OR: 0.8 (95%CI: 0.3 to 2.2)	0.658	= 0.5 (0.2 to 1.3) (<i>P</i> =0.15)	
Anemia	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Fisher's exact test	Yes: 1 / No: 17	Yes: 5 / No: 131	OR: 1.54 (95%CI: 0.2 to 14.0)	0.701		No evidence
Bone mineral density (T score; -4.0 to 0.5)	#Wang H et al., 2017 ²⁹	ASD: 15 Ctrl: 222	Independent t-test	-1.0 ± 0.2	-1.2 ± 0.3	MD: 0.2 (95%CI: 0.1 to 0.4)	0.012	Pooled MD = -0.1 (-0.6 to 0.5) (<i>P</i> =0.85)	Conflicting
	#Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Independent t-test	-1.3 ± 0.9	-0.9 ± 1.2	MD: -0.4 (95%CI: -0.9 to 0.1)	0.145		
	Lee YS et al., 2015 ³⁴	ASD: 16 Ctrl: 99	Log rank test	NA	NA	NA	NS*		
	Cho TK et al., 2014 ³⁶	ASD: 10 Ctrl: 144	Independent t-test	-3.7 ± SD not reported	-4.0 ± SD not reported	NA	0.997*		
Comorbidity index	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test (ASAPSC system; out of 6 grades)	≥ 3: 1 / < 3: 17	≥ 3: 19 / < 3: 117	OR: 0.4 (95%CI: 0.1 to 2.9)	0.337		No evidence
Depression	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 3 / No: 15	Yes: 28 / No: 108	OR: 0.8 (95%CI: 0.2 to 2.9)	0.697		No evidence
Diabetes mellitus	Bagheri SR et al., 2019 ²⁶	ASD: 76 Ctrl: 554	Chi-square test	Yes: 14 / No: 62	Yes: 146 / No: 408	OR: 0.6 (95%CI: 0.3 to 1.2)	0.139		No evidence
	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 1 / No: 17	Yes: 12 / No: 124	OR: 0.6 (95%CI: 0.1 to 5.0)	0.643		
Duration of disease from first symptoms to index surgery (months)	Wang H et al., 2017 ²⁹	ASD: 15 Ctrl: 222	Independent t-test	15.1 ± 9.7	12.1 ± 7.8	MD: 3.0 (95%CI: -1.2 to 7.2)	0.157		No evidence
	Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Independent t-test	5.95 ± 4.84	5.78 ± 5.70	MD: 0.2 (95%CI: -2.5 to 2.8)	0.899		
Female sex	Bagheri SR et al., 2019 ²⁶	ASD: 76 Ctrl: 554	Chi-square test	Female: 43 Male: 33	Female: 284 Male: 270	OR: 1.2 (95%CI: 0.8 to 2.0)	0.385		No evidence
	Wang H et al., 2017 ²⁹	ASD: 15 Ctrl: 222	Chi-square test	Female: 9 Male: 6	Female: 122 Male: 100	OR: 1.2 (95%CI: 0.4 to 3.6)	0.704		
	Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Chi-square test	Female: 10 Male: 11	Female: 50 Male: 46	OR: 0.8 (95%CI: 0.3 to 2.2)	0.711		
	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Female: 13 Male: 5	Female: 97 Male: 39	OR: 1.1 (95%CI: 0.4 to 3.1)	0.937		

	Yugue I et al., 2016 ³²	ASD: 44 Ctrl: 117	Log rank test	NA	NA	NA	0.353*		
	Heo Y et al., 2015 ³³	ASD: 33 Ctrl: 345	Chi-square test	Female: 19 Male: 14	Female: 234 Male: 111	OR: 0.6 (95%CI: 0.3 to 1.3)	0.235		
	Lee YS et al., 2015 ³⁴	ASD: 16 Ctrl: 99	Log rank test	NA	NA	NA	NS*		
	Cho TK et al., 2014 ³⁶	ASD: 10 Ctrl: 144	Chi-square test	Female: 5 Male: 5	Female: 100 Male: 44	OR: 0.4 (95%CI: 0.1 to 1.6)	0.212		
	Sakaura H et al., 2013 ³⁸	ASD: 4 Ctrl: 36	Chi-square test	Female: 2 Male: 2	Female: 12 Male: 24	OR: 2.0 (95%CI: 0.3 to 16.0)	0.513		
	Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Chi-square test	Female: 6 Male: 7	Female: 41 Male: 17	OR: 0.4 (95%CI: 0.1 to 1.2)	0.099		
Gastrointestinal diseases	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 6 / No: 12	Yes: 35 / No: 101	OR: 1.4 (95%CI: 0.5 to 4.1)	0.495		No evidence
Genitourinary diseases	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 3 / No: 15	Yes: 17 / No: 129	OR: 1.5 (95%CI: 0.4 to 5.8)	0.541		No evidence
Heart diseases	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 1 / No: 17	Yes: 4 / No: 132	OR: 1.9 (95%CI: 0.2 to 18.4)	0.563		No evidence
Hyperlipidemia	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 5 / No: 13	Yes: 37 / No: 99	OR: 1.0 (95%CI: 0.3 to 3.1)	0.959		No evidence
Hypertension	Bagheri SR et al., 2019 ²⁶	ASD: 76 Ctrl: 554	Chi-square test	Yes: 22 / No: 54	Yes: 124 / No: 430	OR: 1.4 (95%CI: 0.8 to 2.4)	0.205		No evidence
	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 7 / No: 11	Yes: 43 / No: 93	OR: 1.4 (95%CI: 0.5 to 3.8)	0.537		
Hypothyroidism	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 4 / No: 14	Yes: 23 / No: 113	OR: 1.4 (95%CI: 0.4 to 4.7)	0.579		No evidence
Myelopathy (out of 18)	Sakaura H et al., 2013 ³⁸	ASD: 4 Ctrl: 36	Independent t-test (JOA grade)	13.3 ± 6.8	16.0 ± 3.7	MD: -2.7 (95%CI: -7.0 to 1.6)	0.212		No evidence
	Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Independent t-test (JOA grade)	16.4 ± 3.8	15.1 ± 4.2	MD: 1.3 (95%CI: 1.2 to 3.8)	0.309		
Osteoarthritis	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 4 / No: 14	Yes: 37 / No: 99	OR: 0.8 (95%CI: 0.2 to 2.5)	0.654		No evidence
Osteoporosis	Bagheri SR et al., 2019 ²⁶	ASD: 76 Ctrl: 554	Chi-square test	Yes: 23 / No: 53	Yes: 174 / No: 380	OR: 1.0 (95%CI: 0.6 to 1.6)	0.840		No evidence

	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 0 / No: 18	Yes: 12 / No: 124	OR: 0.3 (95%CI: 0.0 to 4.7)	0.370		
	Cho TK et al., 2014 ³⁶	ASD: 10 Ctrl: 144	Independent t-test	15.1 ± SD not reported	12.1 ± SD not reported	NA	0.997*		
Pulmonary diseases	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 3 / No: 15	Yes: 29 / No: 107	OR: 0.7 (95%CI: 0.20 to 2.7)	0.648		No evidence
Residential area	Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Chi-square test	Urban: 9 / Rural: 12	Urban: 34 / Rural: 62	OR: 1.4 (95%CI: 0.5 to 3.6)	0.523		No evidence
History of smoking	Bagheri SR et al., 2019 ²⁶	ASD: 76 Ctrl: 554	Chi-square test	Yes: 26 / No: 50	Yes: 157 / No: 397	OR: 1.3 (95%CI: 0.8 to 2.2)	0.292		No evidence
	Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Chi-square test	Yes: 10 / No: 11	Yes: 42 / No: 54	OR: 1.2 (95%CI: 0.5 to 3.0)	0.747		
	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 6 / No: 12	Yes: 34 / No: 102	OR: 1.5 (95%CI: 0.5 to 4.3)	0.451		
	Liang J et al., 2014 ³⁷	ASD: 28 Ctrl: 56	Chi-square test	Yes: 8 / No: 20	Yes: 10 / No: 46	OR: 1.8 (95%CI: 0.6 to 5.4)	0.263		
Surgical									
Intraoperative blood loss (ml)	Wang H et al., 2017 ²⁹	ASD: 15 Ctrl: 222	Independent t-test	457.9 ± 27.7	445.5 ± 30.8	MD: 12.4 (95%CI: -3.7 to 28.5)	0.130		No evidence
Number of fused segments	Bagheri SR et al., 2019 ²⁶	ASD: 76 Ctrl: 554	Chi-square test	> 4: 57 / < 4: 19	> 4: 225 / < 4: 329	OR: 4.4 (95%CI: 2.5 to 7.6)	<0.001		Conflicting
	Wang H et al., 2017 ²⁹	ASD: 15 Ctrl: 222	Chi-square test	2: 4 / 1: 11	2: 55 / 1: 167	OR: 1.1 (95%CI: 0.3 to 3.6)	0.870		
	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	2: 6 / 1: 12	2: 56 / 1: 80	OR: 0.7 (95%CI: 0.3 to 2.0)	0.525		
	Lee YS et al., 2015 ³⁴	ASD: 16 Ctrl: 99	Log rank test	NA	NA	NA	NS*		
	Liang J et al., 2014 ³⁷	ASD: 28 Ctrl: 56	Independent t-test	1.5 ± 0.7	1.6 ± 0.6	MD: -0.7 (95%CI: -0.4 to 0.2)	0.643		
Operation time (minutes)	Wang H et al., 2017 ²⁹	ASD: 15 Ctrl: 222	Independent t-test	165.0 ± 10.3	160.1 ± 13.3	MD: 4.9 (95%CI: -2.0 to 11.8)	0.1635		No evidence
Use of allograft	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 4 / No: 14	Yes: 38 / No: 98	OR: 0.7 (95%CI: 0.2 to 2.4)	0.610		No evidence
	Liang J et al., 2014 ³⁷	ASD: 28 Ctrl: 56	Chi-square test	Yes: 19 / No: 9	Yes: 31 / No: 25	OR: 1.7 (95%CI: 0.7 to 4.4)	0.273		

Rigid instrumentation	Bagheri SR et al., 2019 ²⁶	ASD: 76 Ctrl: 554	Chi-square test	Rigid: 56 / Dynamic: 20	Rigid: 375 / Dynamic: 179	OR: 1.3 (95%CI: 0.8 to 2.3)	0.293		No evidence
Use of bone morphogenetic proteins	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	Yes: 3 / No: 15	Yes: 12 / Mo: 124	OR: 2.1 (95%CI: 0.5 to 8.2)	0.300		No evidence
Radiographic									
Preoperative measures									
Adjacent disc anterolisthesis (mm)	Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Independent t-test	0.6 ± 1.1	0.3 ± 0.9	MD: 0.3 (95%CI: -0.3 to 0.9)	0.301		No evidence
Adjacent disc translation (mm)	Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Independent t-test	1.5 ± 1.1	0.8 ± 1.0	MD: 0.7 (95%CI: 0.1 to 1.3)	0.028		Conflicting
	Lee CS et al., 2009 ⁴⁰	ASD: 26 Ctrl: 26	Logistic regression	NA	NA	OR: 0.4* (95%CI: 0.0 to 3.8)	0.29*		
Adjacent disc range of motion (degrees)	Wang H et al., 2017 ²⁹	ASD: 15 Ctrl: 222	Independent t-test	10.4 ± 2.0	11.1 ± 2.9	MD: -0.7 (95%CI: -2.2 to 0.8)	0.359		No evidence
	Cho TK et al., 2014 ³⁶	ASD: 10 Ctrl: 144	Independent t-test (L3-L4)	10.0 ± SD not reported	14.4 ± SD not reported	NA	0.644*		
	Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Independent t-test	7.6 ± 3.5	6.9 ± 3.1	MD: 0.7 (95%CI: -1.2 to 2.6)	0.475		
Adjacent disc wedging (degrees)	Lee CS et al., 2009 ⁴⁰	ASD: 26 Ctrl: 26	Logistic regression	NA	NA	OR: 0.6* (95%CI: 0.2 to 20.6)	0.67*		No evidence
Adjacent segment instability	Yugue I et al., 2016 ³²	ASD: 44 Ctrl: 117	Log rank test	NA	NA	NA	0.690*		No evidence
	Lee CS et al., 2009 ⁴⁰	ASD: 26 Ctrl: 26	Logistic regression	NA	NA	OR: 0.6* (95%CI: 0.1 to 6.5)	0.73*		
Adjacent segment rotational deformity (degrees)	Lee CS et al., 2009 ⁴⁰	ASD: 26 Ctrl: 26	Logistic regression	NA	NA	OR: 0.7* (95%CI: 0.1 to 11.4)	0.14*		No evidence
C7 to central sacral vertical line (mm)	Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Independent t-test	12.2 ± 9.2	9.5 ± 7.7	MD: 2.7 (95%CI: -1.2 to 6.6)	0.169		No evidence
Epifusional segment angle (degrees)	Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	8.8 ± 4.8	8.6 ± 4.1	MD: 0.2 (95%CI: -1.8 to 2.2)	0.839		No evidence
	Liang J et al., 2014 ³⁷	ASD: 28 Ctrl: 56	Independent t-test	9.5 ± 4.7	10.1 ± 4.4	MD: -0.6 (95%CI: -2.7 to 1.5)	0.566		

Facet joint degeneration (Weishaupt grade)	#Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Chi-square test (L3-L4)	≥ 2: 9 / < 2: 11	≥ 2: 41 / < 2: 59	OR: 1.2 (95%CI: 0.5 to 3.1)	0.741	Pooled OR = 1.33 (0.28 to 6.42) (<i>P</i> =0.72)	Conflicting
	#Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Chi-square test (L5-S1)	≥ 2: 4 / < 2: 16	≥ 2: 34 / < 2: 66	OR: 0.5 (95%CI: 0.2 to 1.6)	0.226		
	#Heo Y et al., 2015 ³³	ASD: 33 Ctrl: 345	Chi-square test (Pathria grade)	≥ 2: 13 / < 2: 20	≥ 2: 20 / < 2: 324	OR: 10.5 (95%CI: 4.6 to 24.2)	<0.001		
	Lee YS et al., 2015 ³⁴	ASD: 16 Ctrl: 99	Log rank test	NA	NA	NA	NS*		
	#Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Chi-square test Independent t-test	≥ 2: 5 / < 2: 8 2.2 ± 0.7	≥ 2: 34 / < 2: 24 2.6 ± 0.6	MD: -0.4 (95%CI: -0.8 to 0.0)	0.039		
	Lee CS et al., 2009 ⁴⁰	ASD: 26 Ctrl: 26	Logistic regression	NA	NA	OR: 0.0* (95%CI: 0.0 to 0.1)	<0.01*		
Facet sagittalization (degrees)	Cho TK et al., 2014 ³⁶	ASD: 10 Ctrl: 144	Independent t-test	62.6 ± SD not reported	72.3 ± SD not reported	NA	0.102*		No evidence
	Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Independent t-test	63.0 ± 11.8	63.8 ± 17.0	MD: -0.8 (95%CI: -10.7 to 9.1)	0.873		
	Okuda S et al., 2004 ⁴¹	ASD: 4 Ctrl: 58	Independent t-test	56 ± 13	63 ± 16	MD: -7 (95%CI: -23.4 to 9.4)	0.397		
Facet tropism (degrees)	#Heo Y et al., 2015 ³³	ASD: 33 Ctrl: 345	Independent t-test	8.9 ± 6.6	6.6 ± 5.6	MD: 2.3 (95%CI: 0.3 to 4.4)	0.025	Pooled MD = 2.39 (-1.34 to 6.12) (<i>P</i> =0.21)	Conflicting
	Cho TK et al., 2014 ³⁶	ASD: 10 Ctrl: 144	Independent t-test	5.1 ± SD not reported	5.7 ± SD not reported	NA	0.707*		
	#Sakaura H et al., 2013 ³⁸	ASD: 4 Ctrl: 36	Independent t-test	8.3 ± 6.8	5.3 ± 4.5	MD: 3.0 (95%CI: -2.0 to 8.0)	0.236		
	#Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Independent t-test	5.8 ± 4.1	4.7 ± 4.0	MD: 1.1 (95%CI: -1.4 to 3.6)	0.375		
	#Okuda S et al., 2004 ⁴¹	ASD: 4 Ctrl: 58	Independent t-test	16 ± 9	4 ± 3	MD: 12 (95%CI: 8.3 to 15.7)	<0.001		
Lamina inclination (degrees)	#Heo Y et al., 2015 ³³	ASD: 33 Ctrl: 345	Independent t-test	112.6 ± 12.8	111.3 ± 7.4	MD: 1.3 (95%CI: -1.6 to 4.2)	0.371	Pooled MD = 6.11 (-1.38 to 13.60) (<i>P</i> =0.11)	Conflicting
	Cho TK et al., 2014 ³⁶	ASD: 10 Ctrl: 144	Independent t-test	107.5 ± SD not reported	108.9 ± SD not reported	NA	0.486*		

	#Sakaura H et al., 2013 ³⁸	ASD: 4 Ctrl: 36	Independent t-test	134.8 ± 3.4	127.0 ± 4.7	MD: 7.8 (95%CI: 2.9 to 12.7)	0.003		
	#Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Independent t-test	124.4 ± 5.1	123.5 ± 3.9	MD: 0.9 (95%CI: -1.6 to 3.4)	0.480		
	#Okuda S et al., 2004 ⁴¹	ASD: 4 Ctrl: 58	Independent t-test	138 ± 1	124 ± 4	MD: 14 (95%CI: 10.0 to 18.0)	<0.001		
Lumbar scoliosis (degrees)	Okuda S et al., 2004 ⁴¹	ASD: 4 Ctrl: 58	Independent t-test	7 ± 8	4 ± 6	MD: 3 (95%CI: -3.3 to 9.3)	0.347		No evidence
Lumbopelvic mismatch (degrees)	#Kim WJ et al., 2019 ²⁷	ASD: 37 Ctrl: 40	Independent t-test	15.1 ± 12.3	12.8 ± 9.3	MD: 2.3 (95%CI: -2.6 to 7.2)	0.355	Pooled OR = 1.75 (0.76 to 4.40) (P=0.23)	Conflicting
	#Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Chi-square test	> 10: 15 / < 10: 5	> 10: 40 / < 10: 60	OR: 4.5 (95%CI: 1.5 to 13.4)	0.007		
	#Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Chi-square test	> 10: 7 / < 10: 9	> 10: 47 / < 10: 72	OR: 1.2 (95%CI: 0.4 to 3.4)	0.745		
	#Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Chi-square test	> 10: 35 / < 10: 12	> 10: 8 / < 10: 29	OR: 10.6 (95%CI: 3.8 to 29.4)	<0.001		
Pelvic incidence (degrees)	#Kim WJ et al., 2019 ²⁷	ASD: 37 Ctrl: 40	Independent t-test	54.9 ± 9.4	52.3 ± 11.3	MD: 2.6 (95%CI: -2.1 to 7.3)	0.278	Pooled MD = 2.16 (-1.51 to 5.84) (P=0.25)	Conflicting
	#Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Independent t-test	59.7 ± 8.3	56.8 ± 9.1	MD: 2.9 (95%CI: -1.5 to 7.3)	0.190		
	#Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Independent t-test	52.9 ± 11.1	54.6 ± 9.8	MD: -1.7 (95%CI: -6.5 to 3.1)	0.491		
	#Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Independent t-test	64.6 ± 13.8	62.7 ± 15.7	MD: 1.9 (95%CI: -5.8 to 9.6)	0.626		
	#Heo Y et al., 2015 ³³	ASD: 33 Ctrl: 345	Independent t-test	56.9 ± 11.0	59.4 ± 10.4	MD: -2.6 (95%CI: -6.3 to 1.2)	0.181		
	#Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	60.9 ± 10.0	51.7 ± 10.4	MD: 9.2 (95%CI: 4.8 to 13.6)	<0.001		
Pelvic tilt (degrees)	#Kim WJ et al., 2019 ²⁷	ASD: 37 Ctrl: 40	Independent t-test	23.9 ± 8.5	21.4 ± 8.8	MD: 2.5 (95%CI: -1.4 to 6.4)	0.209	Pooled MD = 2.43 (-0.02 to 4.89) (P=0.05)	Conflicting
	#Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Independent t-test	27.0 ± 6.2	22.9 ± 7.8	MD: 4.1 (95%CI: 0.43 to 7.77)	0.029		

	#Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Independent t-test	15.19 ± 5.56	16.19 ± 5.65	MD: -1.0 (95%CI: -3.7 to 1.7)	0.463		
	#Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Independent t-test	22.6 ± 8.9	22.1 ± 8.0	MD: 0.5 (95%CI: -3.5 to 4.5)	0.806		
	#Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	22.2 ± 7.3	16.8 ± 6.8	MD: 5.4 (95%CI: 2.3 to 8.5)	<0.001		
Sacral slope (degrees)	#Bagheri SR et al., 2019 ²⁶	ASD: 76 Ctrl: 554	Independent t-test	34.34 ± 12.8	36.14 ± 11.7	MD: -1.8 (95%CI: -4.6 to 1.0)	0.214	Pooled MD = -0.32 (-0.70 to 1.07) (P=0.65)	Conflicting
	#Kim WJ et al., 2019 ²⁷	ASD: 37 Ctrl: 40	Independent t-test	31.1 ± 6.6	30.5 ± 7.1	MD: 0.6 (95%CI: -2.5 to 3.7)	0.703		
	#Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Independent t-test	32.7 ± 6.7	33.8 ± 7.2	MD: -1.1 (95%CI: -4.6 to 2.4)	0.530		
	#Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Independent t-test	37.71 ± 9.94	38.45 ± 7.8	MD: -0.74 (95%CI: -4.7 to 3.2)	0.709		
	#Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Independent t-test	42.3 ± 9.3	41.1 ± 11.7	MD: 1.2 (95%CI: -4.5 to 6.9)	0.677		
	#Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	36.2 ± 8.4	34.9 ± 7.6	MD: 1.3 (95%CI: -2.2 to 4.8)	0.462		
	#Liang J et al., 2014 ³⁷	ASD: 28 Ctrl: 56	Independent t-test	33.6 ± 10.4	34.8 ± 7.5	MD: -1.2 (95%CI: -5.2 to 2.7)	0.547		
Sagittal vertical axis (mm)	Kim WJ et al., 2019 ²⁷	ASD: 37 Ctrl: 40	Independent t-test	2.4 ± 1.3	2.5 ± 1.1	MD: -0.1 (95%CI: -0.7 to 0.5)	0.716		Conflicting
	Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Chi-square test	> 50: 10 / < 50: 10	> 50: 21 < 50: 79	OR: 3.8 (95%CI: 1.4 to 10.2)	0.009		
Segmental lordosis (degrees)	Kim WJ et al., 2019 ²⁷	ASD: 37 Ctrl: 40	Independent t-test	21.3 ± 9.1	22.1 ± 8.4	MD: -0.8 (95%CI: -4.8 to 3.2)	0.689		No evidence
	Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Independent t-test	11.4 ± 9.4	14.0 ± 5.8	MD: -2.6 (95%CI: -5.8 to 0.6)	0.106		
	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Independent t-test	17.1 ± 10.9	17.9 ± 11.1	MD: -0.8 (95%CI: -6.3 to 4.7)	0.774		
	Heo Y et al., 2015 ³³	ASD: 33 Ctrl: 345	Independent t-test	11.9 ± 7.4	12.5 ± 6.5	MD: -0.5 (95%CI: -2.9 to 1.9)	0.666		

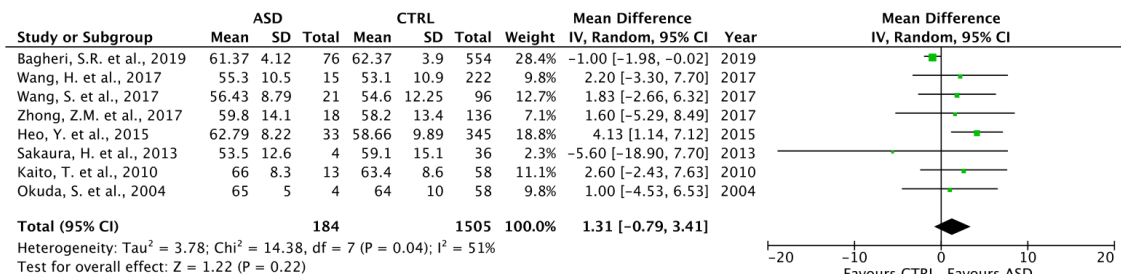
	Heo Y et al., 2015 ³³	ASD: 33 Ctrl: 345	Independent t-test	11.9 ± 6.5	14.6 ± 7.6	MD: -2.7 (95%CI: -5.4 to 0.0)	0.051		
	Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	23.6 ± 12.6	26.5 ± 11.3	MD: -2.9 (95%CI: -8.1 to 2.3)	0.273		
	Cho TK et al., 2014 ³⁶	ASD: 10 Ctrl: 144	Independent t-test	12.4 ± SD not reported	15.2 ± SD not reported	NA	0.173*		
	Okuda S et al., 2004 ⁴¹	ASD: 4 Ctrl: 58	Independent t-test	9 ± 6	13 ± 6	MD: -4 (95%CI: -10.2 to 2.2)	0.202		
Subjacent segment angle (degrees)	Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	11.9 ± 6.0	9.6 ± 6.7	MD: 2.3 (95%CI: -0.5 to 5.1)	0.101		No evidence
Thoracic kyphosis (degrees)	Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Independent t-test	24.7 ± 10.8	29.4 ± 9.8	MD: -4.7 (95%CI: -9.5 to 0.1)	0.057		No evidence
Postoperative measures									
C7 to central sacral vertical line (mm)	Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Independent t-test	12.7 ± 11.2	10.0 ± 8.8	MD: 2.7 (95%CI: -1.8 to 7.2)	0.235		No evidence
Epifusional segment angle (degrees)	Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	8.6 ± 4.1	9.4 ± 3.4	MD: -0.8 (95%CI: -2.5 to 0.9)	0.338		No evidence
	Liang J et al., 2014 ³⁷	ASD: 28 Ctrl: 56	Independent t-test	9.4 ± 5.7	8.9 ± 4.4	MD: 0.5 (95%CI: -1.7 to 2.7)	0.658		
Facet orientation (degrees)	Yugue I et al., 2016 ³²	ASD: 44 Ctrl: 117	Log rank test	NA	NA	NA	0.227*		No evidence
Fusion angle (degrees)	Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	22.7 ± 8.6	24.4 ± 9.3	MD: -1.7 (95%CI: -5.6 to 2.2)	0.387		No evidence
	Sakaura H et al., 2013 ³⁸	ASD: 4 Ctrl: 36	Independent t-test	9.8 ± 7.1	12.6 ± 5.8	MD: -2.8 (95%CI: -9.1 to 3.5)	0.375		
	Kaito T et al., 2010 ³⁹	ASD: 13 Ctrl: 58	Independent t-test	10.3 ± 6.5	10.7 ± 4.4	MD: -0.4 (95%CI: -3.4 to 2.6)	0.788		
Laminar inclination (degrees)	Yugue I et al., 2016 ³²	ASD: 44 Ctrl: 117	Log rank test	NA	NA	NA	0.633*		No evidence
Sacral slope (degrees)	*Kim WJ et al., 2019 ²⁷	ASD: 37 Ctrl: 40	Independent t-test	31.5 ± 8.1	32.1 ± 8.6	MD: -0.6 (95%CI: -4.4 to 3.2)	0.754		Conflicting

	#Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Independent t-test	33.0 ± 7.6	34.6 ± 7.5	MD: -1.6 (95%CI: -5.3 to 2.0)	0.387	Pooled MD = -0.58 (- 2.38 to 1.22) (P=0.53)	
	#Wang S et al., 2017 ³⁰	ASD: 21 Ctrl: 96	Independent t-test	34.29 ± 7.8	37.1 ± 8.8	MD: -2.8 (95%CI: -6.9 to 1.3)	0.185		
	#Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Independent t-test	39.8 ± 9.1	39.8 ± 11.3	MD: 0.0 (95%CI: -4.6 to 4.6)	1.000		
	#Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	37.8 ± 8.0	35.3 ± 7.7	MD: 2.5 (95%CI: -0.92 to 5.92)	0.150		
	#Liang J et al., 2014 ³⁷	ASD: 28 Ctrl: 56	Independent t-test	31.8 ± 9.1	34.3 ± 7.0	MD: -2.5 (95%CI: -6.07 to 1.07)	0.167		
Sagittal vertical axis (mm)	Kim WJ et al., 2019 ²⁷	ASD: 37 Ctrl: 40	Independent t-test	2.1 ± 1.8	2.3 ± 1.1	MD: -0.2 (95%CI: -0.87 to 0.47)	0.555		No evidence
	Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Chi-square test	> 50: 9 / < 50: 11	> 50: 24 / < 50: 76	OR: 2.6 (95%CI: 1.0 to 7.0)	0.060		
Segmental lordosis (degrees)	Kim WJ et al., 2019 ²⁷	ASD: 37 Ctrl: 40	Independent t-test (L4-S1)	19.2 ± 9.4	24.8 ± 7.7	MD: -5.6 (95%CI: -9.5 to -1.7)	0.005		No evidence
	Mastsumoto T et al., 2017 ²⁸	ASD: 20 Ctrl: 100	Independent t-test (L4-L5)	12.9 ± 6.9	12.8 ± 6.2	MD: 0.1 (95%CI: -3.0 to 3.2)	0.949		
	Zhong ZM et al., 2017 ³¹	ASD: 18 Ctrl: 136	Independent t-test (L4-L5)	18.4 ± 8.8	17.9 ± 9.3	MD: 0.5 (95%CI: -4.1 to 5.1)	0.830		
	Yugue I et al., 2016 ³²	ASD: 44 Ctrl: 117	Log rank test (L4-L5)	NA	NA	NA	0.228*		
Adjacent spinal canal stenosis ratio on MRI	Yugue I et al., 2016 ³²	ASD: 44 Ctrl: 117	Log rank test	NA	NA	NA	0.299*		No evidence
Subjacent segment angle (degrees)	Rothenfluh DA et al., 2015 ³⁵	ASD: 45 Ctrl: 39	Independent t-test	10.9 ± 6.9	9.8 ± 6.3	MD: 1.1 (95%CI: -1.8 to 4.0)	0.450		No evidence
Fused vertebral slip (percentage)	Yugue I et al., 2016 ³²	ASD: 44 Ctrl: 117	Log rank test	NA	NA	NA	0.147*		No evidence

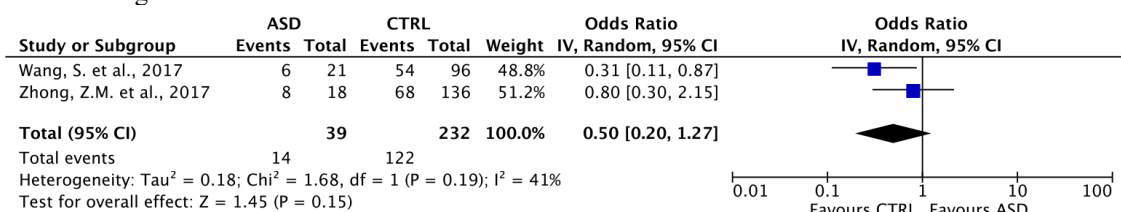
Note. * = reported from a study; # = studies included in the meta-analysis of the risk factor with conflicting findings; 95%CI = 95% confidence interval; ASD = adjacent segment disease; ASAPSC system = American Society of Anesthesiologists Physical Status Classification system; Ctrl = control (patients without ASD); JOA = Japanese Orthopaedic Association; MD = mean difference; OR = odds ratio; NA = not available.

Appendix 6. Meta-analyses of pooled risk factors for adjacent segment disease (ASD) compared to a control group without ASD (i.e. CTRL) that showed no statistical significance.

Age



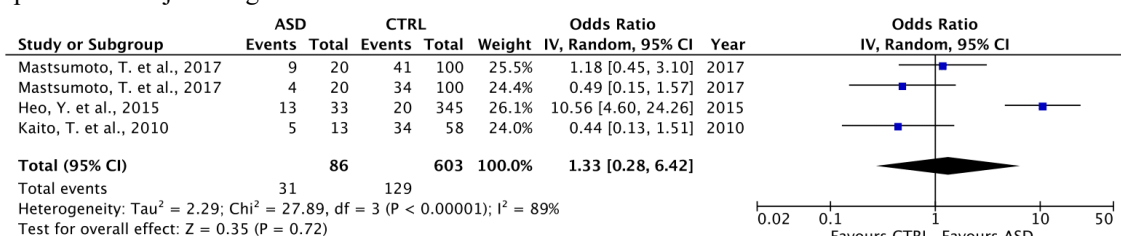
Alcohol drinking



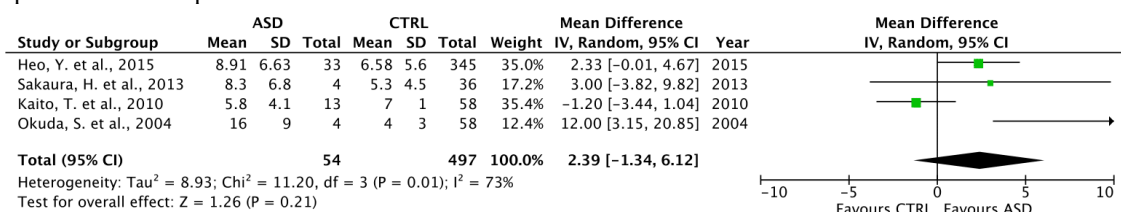
Bone mineral density



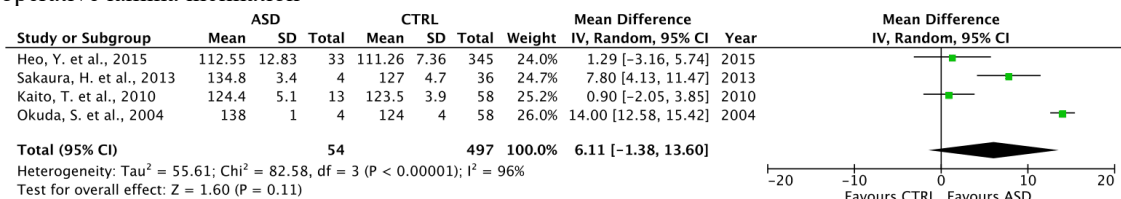
Preoperative facet joint degeneration



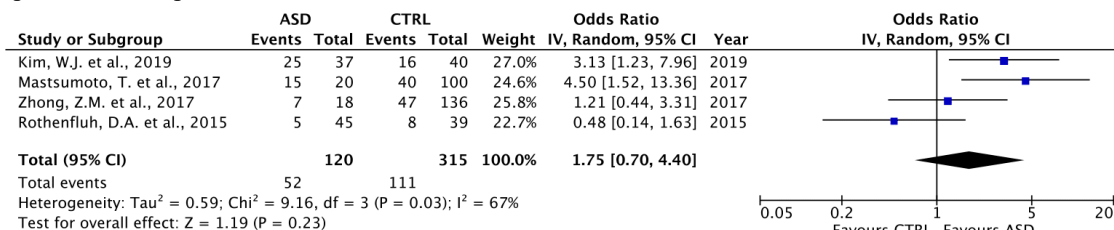
Preoperative facet tropism



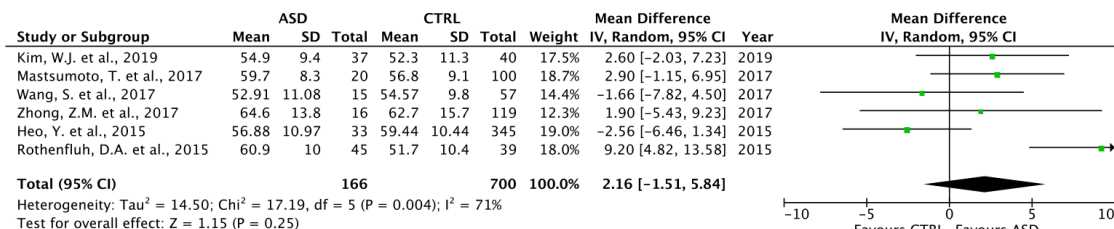
Preoperative lamina inclination



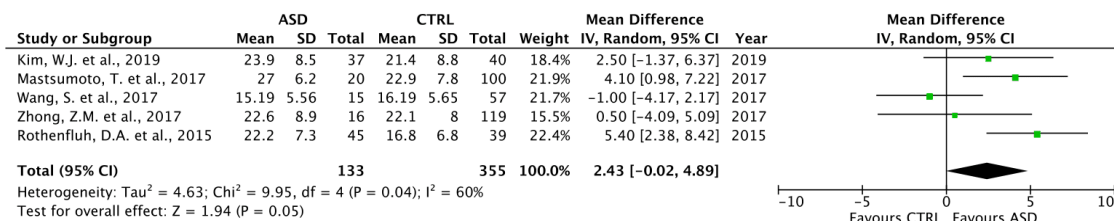
Preoperative lumbopelvic mismatch



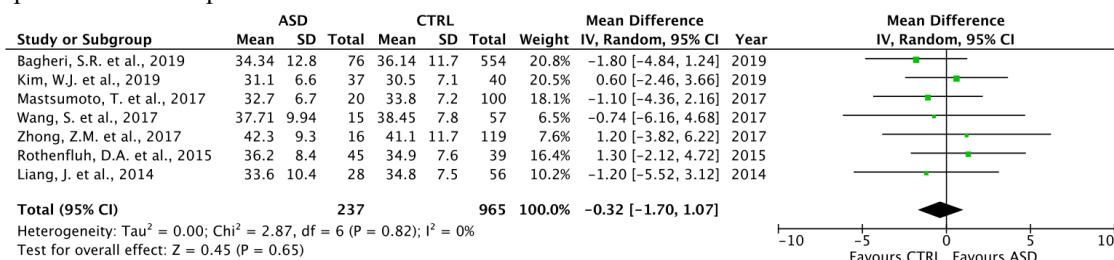
Preoperative pelvic incidence



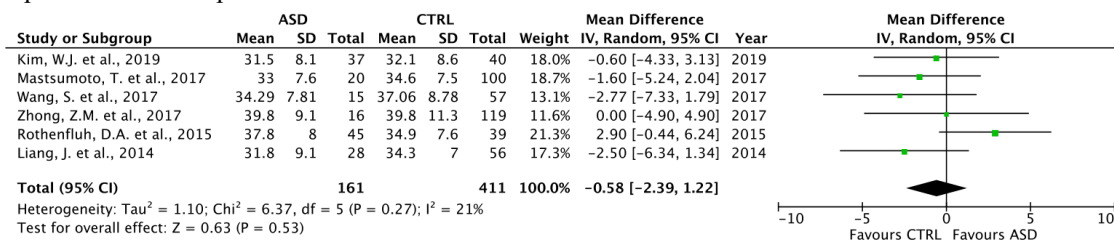
Preoperative pelvic tilt



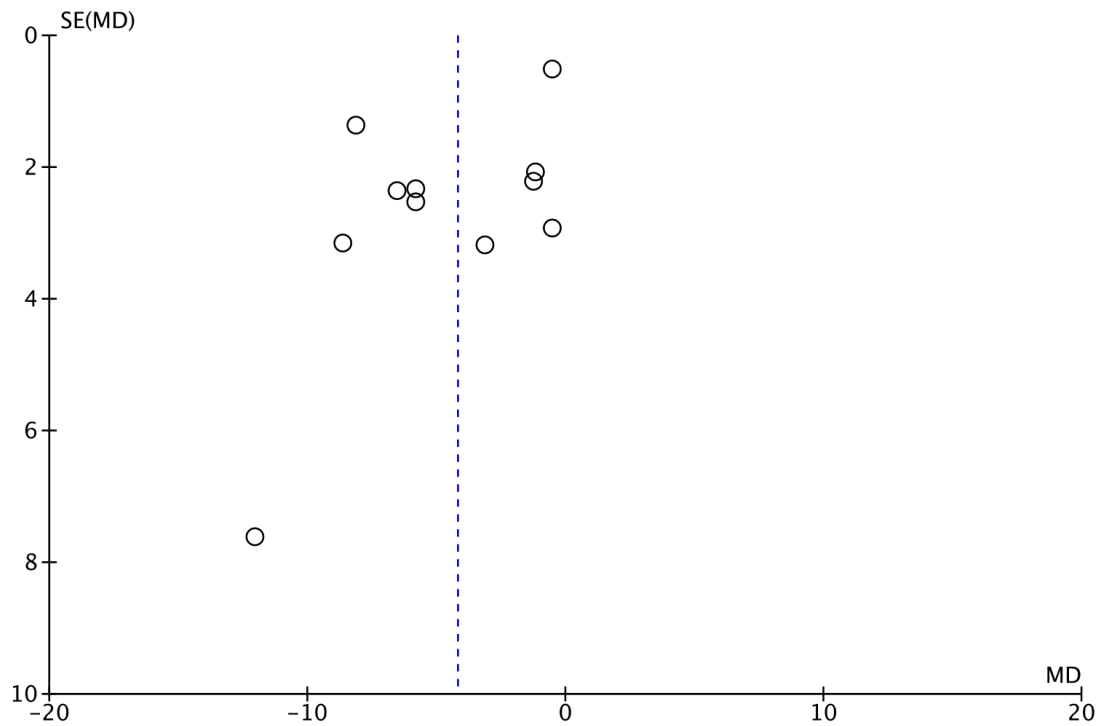
Preoperative sacral slope



Postoperative sacral slope



Appendix 7. The funnel plot for assessing publication bias of studies evaluating preoperative lumbar lordosis as a risk factor for adjacent segment disease following lumbar fusion.



Heterogeneity: $\text{Tau}^2 = 11.12$

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