## Idiopathic Toe-Walking from Birth to 10 Years

Idiopathic toe-walking affects 5% of children but its underlying medical cause is unknown.



A follow-up study documented habitual toe-walking among healthy Swedish children (aged 5.5 to 10 years) using



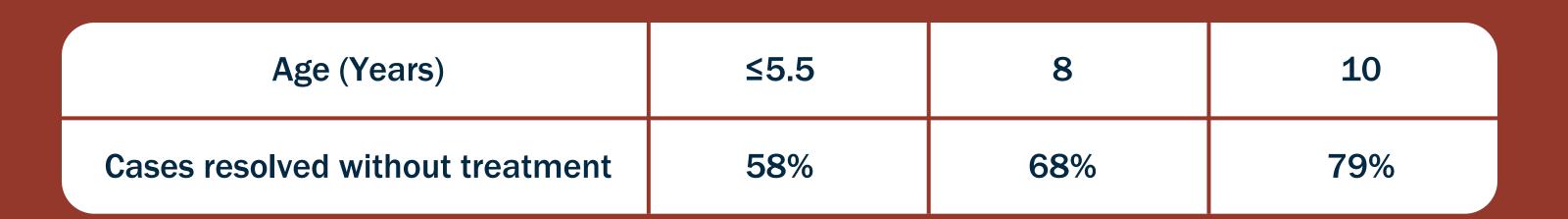




In a cohort of 1,401 healthy children



63 were idiopathic toe-walkers



## By 10 years of age...

79% 13%



Ceased toe-walking spontaneously





surgery

For the majority of children, idiopathic toe-walking is a transient condition that resolves without treatment.

Idiopathic Toe-Walking: Prevalence and Natural History from Birth to 10 Years of Age

Engström and Tedroff (2018)

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