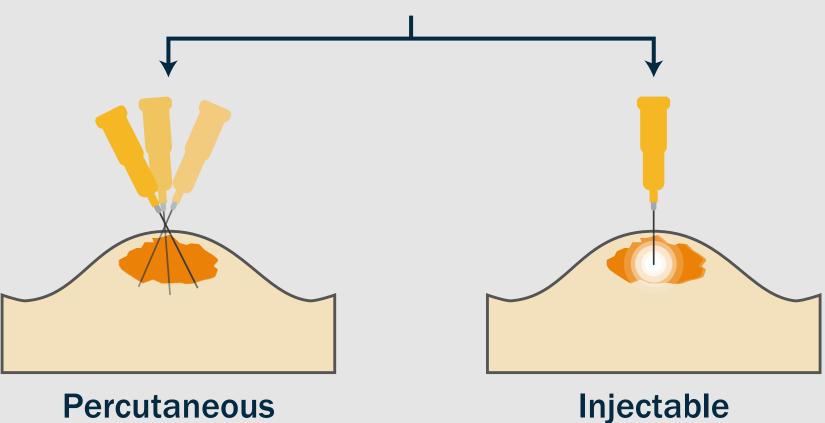
## Comparative assessment of two minimally invasive treatments for Dupuytren contracture

Dupuytren contracture is a progressive disease that gradually compromises functional use of the affected fingers.



Patients with metacarpophalangeal (MCP) joint contracture were randomized

Inclusion: ≥20° contracture & affecting either the ring or small finger



Total of 152 patients were followed for two years.

**Needle Fasciotomy** 

(PNF)

(n=78)

Strömberg et al. (2018)

At 2-year follow-up no cords could be detected in >50% of patients.

Patients with a straight MCP joint





**PNF: 60** 

CCH: 58

\$110,000 USD

**Cost of treatments** differed significantly





**PNF** 

CCH

Thus, both treatments, albeit differing in cost, were equally effective with similar outcomes.



Percutaneous Needle Fasciotomy Versus Collagenase Treatment for **Dupuytren Contracture: A Randomized Controlled Trial with a Two-Year Follow-up** 







DOI: 10.2106/JBJS.17.01128

Collagenase

(CCH)

(n=78)