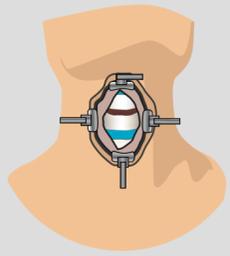
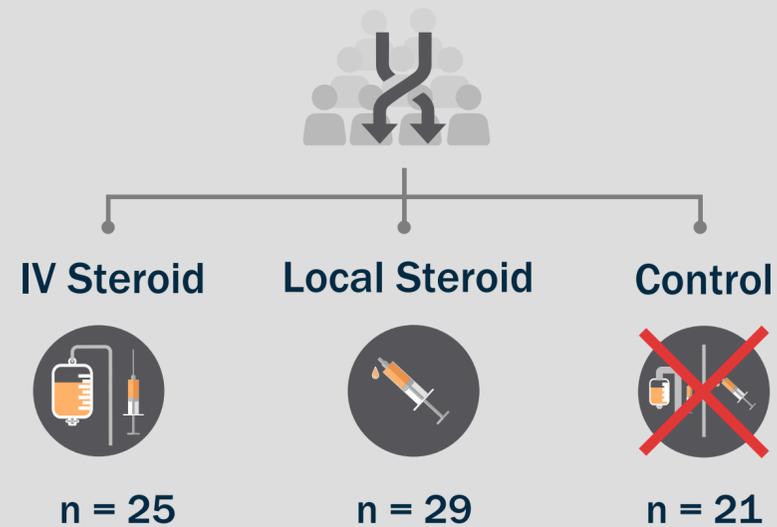


Intravenous (IV) vs. Local Corticosteroids for Complications After Anterior Cervical Discectomy and Fusion (ACDF)



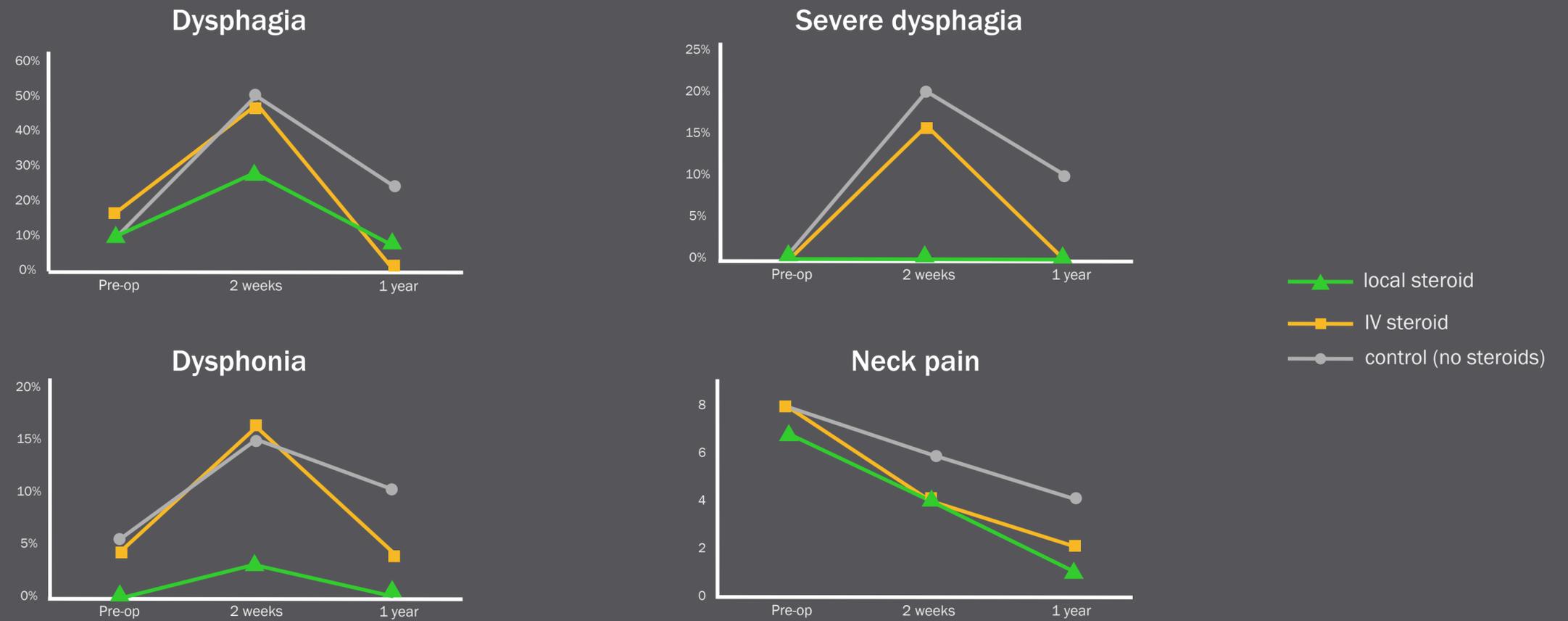
Dysphagia and dysphonia are the most common complications after ACDF

75 patients undergoing ACDF



Postoperative patient-reported outcome measures (PROM) were evaluated for 1 year

Better PROM observed in the steroid groups with the local steroid group outperforming IV steroids by decreasing severe dysphagia within 2 weeks and other outcomes after ACDF



No wound complications were noted in any of the patients



Administration of IV & local steroids improved postoperative outcomes for dysphagia, dysphonia, and neck pain after ACDF

The Effect of Local Versus Intravenous Corticosteroids on the Likelihood of Dysphagia and Dysphonia Following Anterior Cervical Discectomy and Fusion: A Single-Blinded, Prospective, Randomized Controlled Trial

Jenkins et al. (2018)

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