

# Excess Prescription Of Opioids Following Common Orthopaedic Procedures



2015  
fiscal year

Patients undergoing an elective orthopaedic procedure



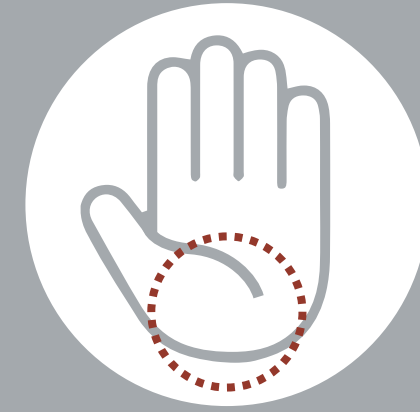
Total hip  
arthroplasty



Total knee  
arthroplasty



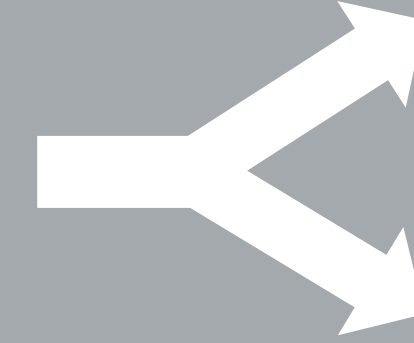
Rotator cuff  
repair



Carpal tunnel  
release



Lumbar  
decompression



1199 cases  
reviewed



557 telephone  
interviews conducted



>83%

patients **satisfied** with  
postoperative pain management



61%

patients had **unused**  
**opioid** medication



>43,000  
prescribed opioid  
**pills unused**



41% appropriately disposed  
of excess pills

15% still had excess pills

8% unsure

36% others



Excess prescription of opioid pills can be considerably reduced to limit potential abuse and illicit diversion.

Excess Opioid Medication and Variation in Prescribing Patterns  
Following Common Orthopaedic Procedures  
Sabatino et al. (2018) DOI: 10.2106/JBJS.17.00672

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