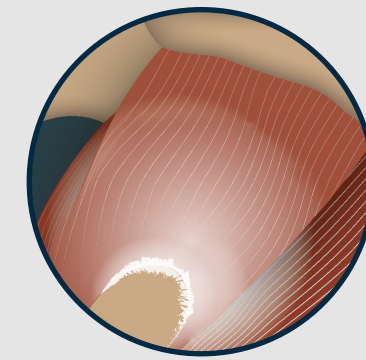
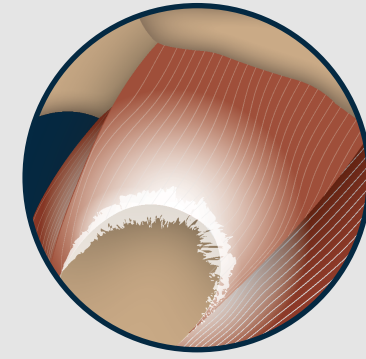


Which is Better: Surgery vs. Physiotherapy for Rotator Cuff Tears

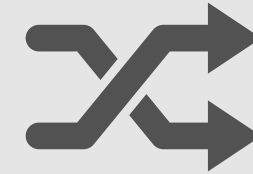
Study compared the long-term outcomes of 91 of 103 patients with...



Small-sized full-thickness tears and



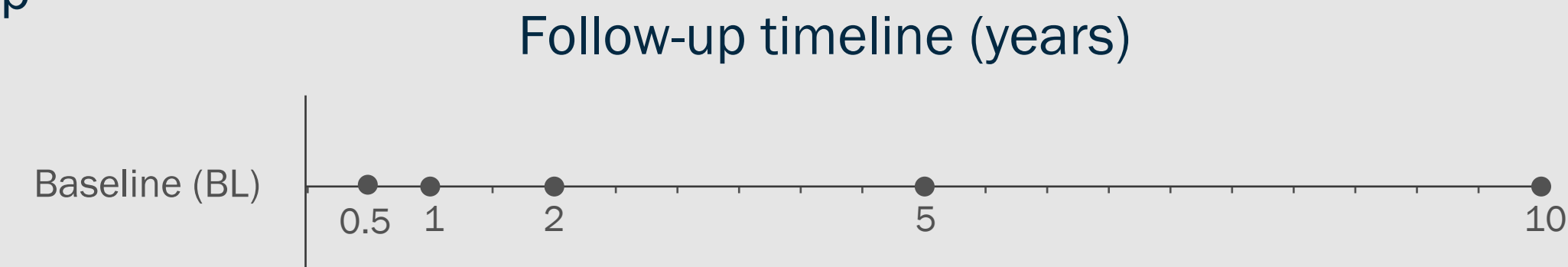
Medium-sized full-thickness tears



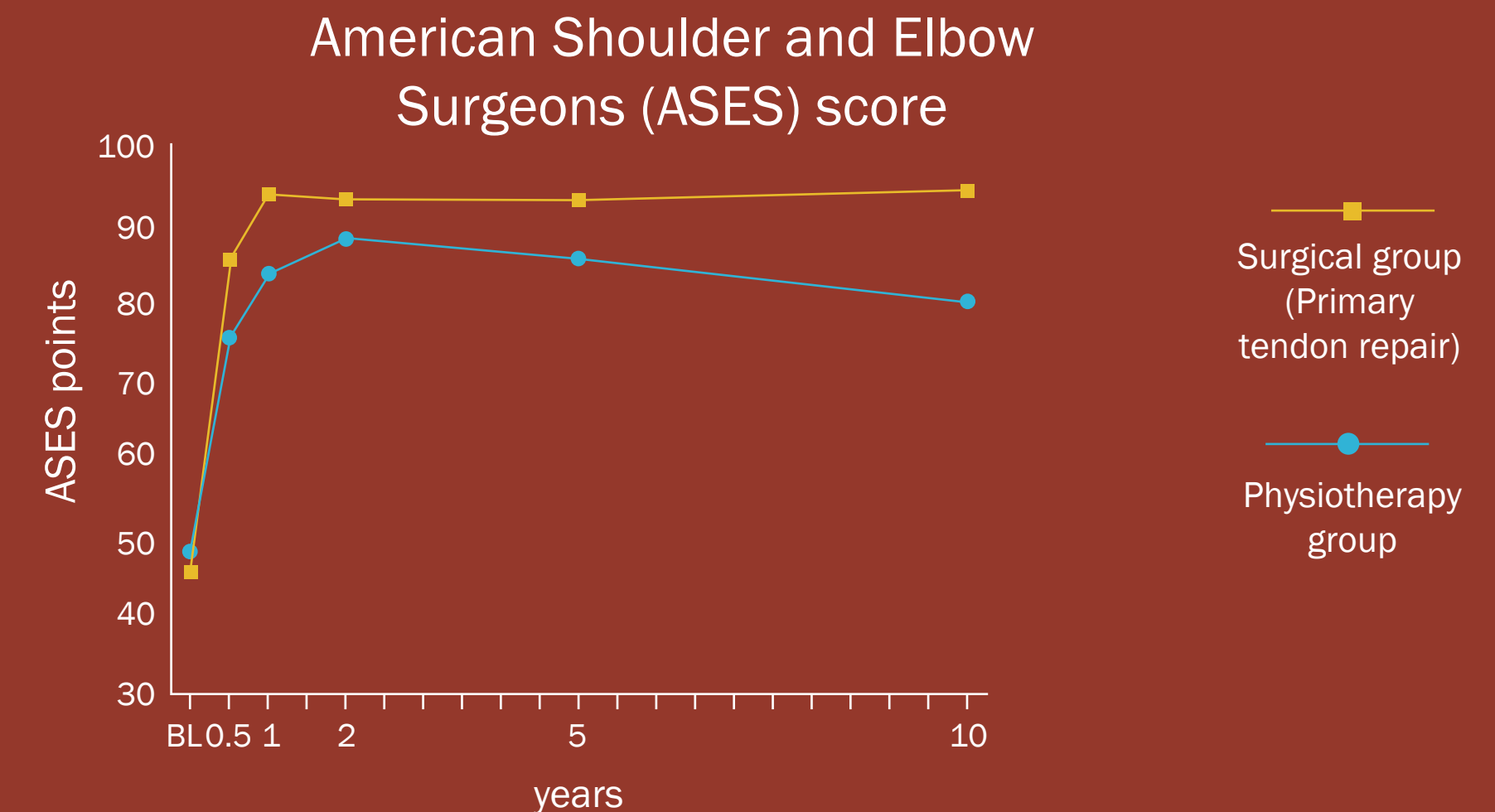
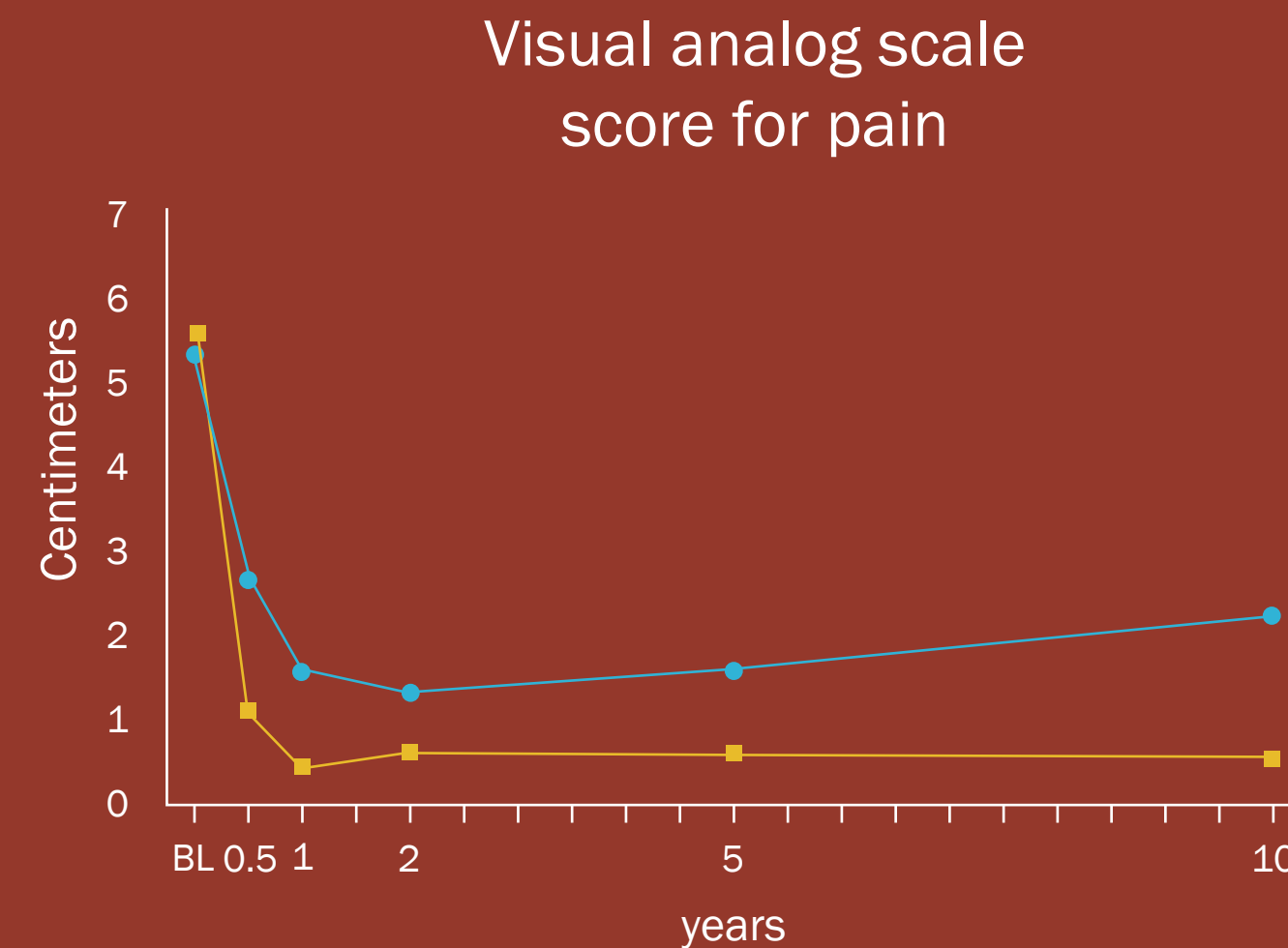
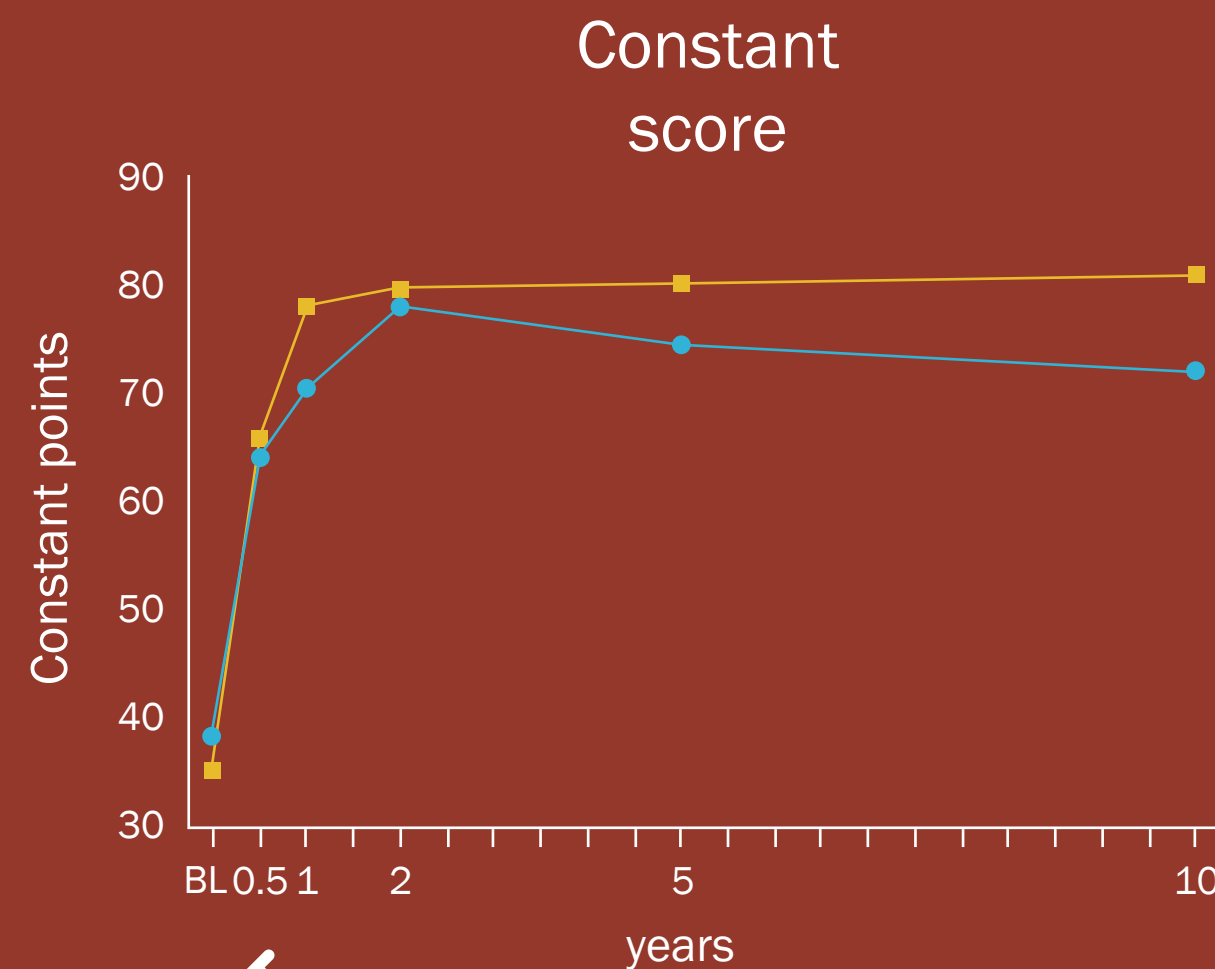
Surgical group



Physiotherapy group



Surgical group showed better 10-year results



Surgical group showed superior 10-year outcomes when compared with the physiotherapy group

At a 10-Year Follow-up, Tendon Repair Is Superior to Physiotherapy in the Treatment of Small and Medium-Sized Rotator Cuff Tears

Moosmayer et al. (2019)

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