

Appendix

TABLE E-1 Oxford Knee Score Questions from PROMs Questionnaires*

Q7. During the past 4 weeks...† How would you describe the pain you usually have from your knee? <ul style="list-style-type: none">• None• Very mild• Mild• Moderate• Severe
Q8. During the past 4 weeks... Have you had any trouble with washing and drying yourself (all over) because of your knee? <ul style="list-style-type: none">• No trouble at all• Very little trouble• Moderate trouble• Extreme difficulty• Impossible to do
Q9. During the past 4 weeks... Have you had any trouble getting in and out of a car or using public transport because of your knee? (Whichever you tend to use) <ul style="list-style-type: none">• No trouble at all• Very little trouble• Moderate trouble• Extreme difficulty• Impossible to do
Q10. During the past 4 weeks... For how long have you been able to walk before pain from your knee becomes severe? (With or without a stick) <ul style="list-style-type: none">• No pain/more than 30 minutes• 16 to 30 minutes• 5 to 15 minutes• Around house only• Not at all - pain severe on walking
Q11. During the past 4 weeks... After a meal (sat at a table), how painful has it been for you to stand up from a chair because of your knee? <ul style="list-style-type: none">• Not at all painful• Slightly painful• Moderately painful• Very painful• Unbearable
Q12. During the past 4 weeks... Have you been limping when walking, because of your knee? <ul style="list-style-type: none">• Rarely/never• Sometimes or just at first• Often, not just at first• Most of the time• All of the time
Q13. During the past 4 weeks... Could you kneel down and get up again afterwards? <ul style="list-style-type: none">• Yes, easily• With little difficulty• With moderate difficulty• With extreme difficulty• No, impossible
Q14. During the past 4 weeks... Have you been troubled by pain from your knee in bed at night? <ul style="list-style-type: none">• No nights• Only 1 or 2 nights• Some nights

- Most nights
- Every night

Q15. During the past 4 weeks...

How much has pain from your knee interfered with your usual work (including housework)?

- Not at all
- A little bit
- Moderately
- Greatly
- Totally

Q16. During the past 4 weeks...

Have you felt that your knee might suddenly 'give way' or let you down?

- Rarely/never
- Sometimes or just at first
- Often, not just at first
- Most of the time
- All the time

Q17. During the past 4 weeks...

Could you do the household shopping on your own?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

Q18. During the past 4 weeks...

Could you walk down 1 flight of stairs?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

*Asked approximately 2 weeks before and 6 months after surgery. †Note that questions start at Q7.