**Supplementary Table**

Results of the Principal Component Analysis

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Rotated Component Matrixa** | | | | |
|  | Eigenvalues | | Factor loadings | |
|  | Component | | Component | |
|  | 1 | 2 | 1 | 2 |
| Aggressivity Index | 15.433 | 4.557 | 0.902 | 0.266 |
| Hostility Index | 0.744 | 16.566 | 0.044 | 0.969 |
| Waist | 10.338 | -5.120 | 0.738 | -0.366 |
| BMI | 2.683 | -0.315 | 0.449 | -0.053 |
| TG | -0.115 | 0.345 | -0.135 | 0.406 |
| HDL | -0.077 | 0.037 | -0.625 | 0.297 |
| LDL | -0.314 | -0.399 | -0.125 | -0.159 |
| TCH | 0.044 | -0.156 | 0.036 | -0.129 |
| Microalbuminuria | -0.103 | 0.159 | -0.207 | 0.317 |
| SBP | -0.223 | 1.576 | -0.016 | 0.113 |
| DBP | 2.051 | -0.515 | 0.283 | -0.071 |

*Note:* ⎯aPCA with varimax rotation, three iterations.