Supplemental Digital Content 1

Evaluation and management of dysphagia in amyotrophic lateral sclerosis: Survey of speech-language pathologists' practice patterns

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Individual answers from the 44 Speech-Language Pathologist respondents to question 4: What dysphagia protocols do/would you use initially in the assessment of patients with ALS?

- 1. EAT-10
- 2. I use my own protocol
- 3. EAT-10, clinical assessments
- 4. Don't have anything standard we use; cranial nerve exam; sometimes 90 cc water challenge; sometimes PO trials with water, pureed and cracker
- 5. Clinical swallowing assessment
- 6. Yale Swallow Protocol
- 7. Clinical bedside
- 8. Yale Swallow Protocol
- 9. A bedside followed by an instrumental exam
- 10. Clinical swallow evaluation, MBSS
- 11. Normal bedside evaluation, imaging as indicated
- 12. Bedside swallow
- 13. Our own protocol
- 14. Bedside exam
- 15. Bedside swallow evaluation
- 16. My work setting is not listed above: Home Health. Protocol includes: Oral-motor & sensory exam; voice evaluation; bedside clinical swallow evaluation including presentations of food/liquids typically consumed per patient's report; and interview with patient/family/caregivers
- 17. Clinical evaluation
- 18. Chairside swallow evaluation
- 19. Bedside evaluation
- 20. MASA
- 21. Clinical assessment, questionnaires, Yale Swallow Protocol
- 22. BSSE & meal observation
- 23. Informal/bedside swallow
- 24. Informal clinical bedside swallow examination
- 25. BSE, screening such as EAT 10
- 26. Bedside swallow, MBSS
- 27. Bedside swallow evaluation

- 28. Clinical bedside assessment in conjunction with thorough case history; gather information on weight loss, time to consume a meal, symptoms of GERD, etc.
- 29. Complete interview, case history to determine if prior swallow testing has been completed, OME, subjective clinical bedside and objective assessment
- 30. Bedside exam/water screening/instrumental
- 31. None
- 32. Acute care standard bedside swallow, outpatient MBS
- 33. MBS or FEES
- 34. If I were evaluating a patient with ALS, I would utilize a typical oral motor exam and patient report of any swallowing issues and start from there
- 35. Basic clinical assessment only when patient complains typically
- 36. Clinical swallow evaluation
- 37. An MBS for the initial assessment
- 38. Clinical evaluation and if necessary then move on to MBS
- 39. Clinical bedside in form of screening due to time limitations in ALS clinic
- 40. A complete oral motor, motor speech and clinical swallow evaluation
- 41. MBS
- 42. Combination
- 43. Clinical swallow evaluation, MBS, FEES
- 44. Bedside swallow evaluation

Authors' note

No corrections made except for legibility (e.g. eval changed to evaluation). Capitalization, punctuation and typos corrected. Otherwise, answers verbatim and content intact.