**SDC Appendix.** Medline search strategy.

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| 1. exp Rehabilitation/ |  |

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| 2. exp Exercise Therapy/ |  |

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| 3. therap\*.ti,ab. |  |

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| 4. rehab\*.ti,ab. |  |

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| 5. exp Heart Diseases/ |  |

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| 6. exp Coronary Disease/ |  |

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| 7. cardiac.ti,ab. |  |

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| 8. heart?.ti,ab. |  |

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| 9. coronar\*.ti,ab. |  |

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| 10. exp Physical Fitness/ |  |

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| 11. exp Exercise/ |  |

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| 12. exercis\*.ti,ab. |  |

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| 13. physical activit\*.ti,ab. |  |

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| 14. physical fitness.ti,ab. |  |

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| 15. resistance training.ti,ab. |  |

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| 16. physical conditioning.ti,ab. |  |

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| 17. run\*.ti,ab. |  |

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| 18. swim\*.ti,ab. |  |

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| 19. walk\*.ti,ab. |  |

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| 20. jog\*.ti,ab. |  |

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| 21. myocardial.ti,ab. |  |

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| 22. pericardial.ti,ab. |  |

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| 23. ventricular.ti,ab. |  |

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| 24. maintain\*.ti,ab. |  |

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| 25. sustain\*.ti,ab. |  |

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| 26. comply.ti,ab. |  |

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| 27. compliance.ti,ab. |  |

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| 28. complies.ti,ab. |  |

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| 29. compliant.ti,ab. |  |

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| 30. adher\*.ti,ab. |  |

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| 31. maintenance.ti,ab. |  |

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| 32. 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 |  |

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| 33. 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 |  |

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| 34. 1 or 2 or 3 or 4 |  |

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| 35. 5 or 6 or 7 or 8 or 9 or 21 or 22 or 23 |  |

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| 36. 32 and 33 and 34 and 35 |  |

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| 37. randomized controlled trial.pt. |  |

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| 38. controlled clinical trial.pt. |  |

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| 39. randomized.ab. |  |

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| 40. placebo.ab. |  |

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| 41. clinical trials as topic.sh. |  |

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| 42. randomly.ab. |  |

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| 43. trial.ti. |  |

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| 44. 37 or 38 or 39 or 40 or 41 or 42 or 43 |  |

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| 45. exp animals/ not humans.sh. |  |

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| 46. 44 not 45 |  |

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| 47. 36 and 46 |