**Supplemental Digital Content 2: PRISMA Flow Diagram**

**PRISMA 2009 Flow Diagram**

## Screening

## Included

## Eligibility

## Identification

Additional records identified through other sources
(n = 10)

Records after duplicates removed
(n =76)

Records screened
(n = 76)

Records excluded
(n = 53)

Full-text articles assessed for eligibility
(n = 23)

Full-text articles excluded due to not meeting inclusion criteria
(n = 8)

No balance or fall-risk outcome (n=3), Not describing original data/referring to record already included in review (n=1), Data of lung patients, COPD not specified in results (n=2), Intervention duration <14d (n=1),

No RCT or within group design (n=1)

Studies included in qualitative synthesis
(n = 15)

Records identified through database searching
(n = 162)

Figure 1: PRISMA Flow Diagram