Two AACVPR Position Statements have excel spreadsheets available to assist those working with patients.

The first was from the 2016 Statement, *Assessing Physical Activity as a Core Component in Cardiac Rehabilitation*, and provides a PA assessment report spreadsheet, two case examples, and step-by-step instructions. To assess this spreadsheet click here: [**http://links.lww.com/JCRP/A83**](http://links.lww.com/JCRP/A83)

Note this is a password protected file. To obtain the password please contact it’s creator and co-author of this Statement Dr. Alex Montoye at [montoyeah@alma.edu](mailto:montoyeah@alma.edu) .

The second was from the 2018 Statement, *Progression of Exercise Training in Early Outpatient Cardiac Rehabilitation*, and provides a calculator for kcal/session and MET-min/session to support CR program staff in determining these variables for their patients. To assess this spreadsheet click here: [**http://links.lww.com/JCRP/A84**](http://links.lww.com/JCRP/A84)