COVID 19-Interrupted Pulmonary Rehabilitation - Discontinued

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. In your activities of daily living, how does your shortness of breath feel now compared to when you discontinued the program due to the coronavirus pandemic?
2. much better
3. a little better
4. the same
5. a little worse
6. much worse
7. During the coronavirus pandemic, have you been wearing a face mask when leaving home?
8. Yes
9. No
10. If you answered” yes” to question 2, do you think wearing a face mask affected your breathing?
11. it made my breathing much better
12. it made my breathing a little better
13. it did not affect my breathing at all
14. it made my breathing a little worse
15. it made my breathing much worse
16. You have indicated to the Pulmonary Rehabilitation program staff that you do not wish to resume the program when it first re-opens. Is your decision to not re-enroll at this time related to anxiety about the coronavirus pandemic?
17. Yes, it is the main reason I do not wish to re-enroll at this time
18. No, it is not the main reason I do not wish to re-enroll
19. Please list other/alternative reasons you do not wish to re-enroll at this time, if any.
20. there are no other reasons
21. other reasons, starting with the main reason:

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1. Compare your present level of anxiety (if any) to your level of anxiety just prior to starting the pulmonary rehabilitation program for the first time.

Your level as anxiety now is:

1. much less than the first time
2. a little less than the first time
3. about the same as the first time
4. a little more than the first time
5. much more than the first time

 COVID 19-Interrupted Pulmonary Rehabilitation - Resume

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. In your activities of daily living, how does your shortness of breath feel now compared to when you discontinued the program due to the coronavirus pandemic?
2. much better
3. a little better
4. the same
5. a little worse
6. much worse
7. Are you anxious about returning to the program?
8. not anxious at all
9. a little anxious
10. moderately anxious
11. extremely anxious
12. Compare your present level of anxiety (if any) to your level of anxiety just prior to starting the pulmonary rehabilitation program for the first time.

Your level as anxiety now is:

1. much less than the first time
2. a little less than the first time
3. about the same as the first time
4. a little more than the first time
5. much more than the first time
6. During the coronavirus pandemic, have you been wearing a face mask when leaving home?
7. Yes
8. No
9. If you answered” yes” to question 4, do you think wearing a face mask affected your breathing?
10. it made my breathing much better
11. it made my breathing a little better
12. it did not affect my breathing at all
13. it made my breathing a little worse
14. it made my breathing much worse
15. Do you think having to wear a face mask will affect your ability to exercise during this pulmonary rehabilitation program?
16. it will let me exercise much better
17. it will let me exercise a little better
18. it will not affect my ability to exercise at all
19. it will limit my ability to exercise a little
20. it will limit my ability to exercise a lot