**SDC Table 1. Search Strategy Resultsa**

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| --- | --- | --- |
| **Database** | Search Term(s) | Number of Articles |
| PubMed (including Medline)/National Library of Medicine | Zumba[All Fields] | 40 |
| Scopus/Elsevier | TITLE-ABS-KEY (zumba® OR zumba) | 55 |
| WEB OF SCIENCE/Thomson Reuters | (Zumba® OR Zumba) | 50 |
| The Cochrane Library (CENTRAL)/Wiley Online | Zumba | 12 |
| ClinicalTrials.gov/A service of the U.S. National Institutes of Health | Zumba | 7 |
| **TOTAL ARTICLES** |  | **164** |

aAll database searches were from inception to March 28, 2017.