**SDC Table 2. Quality Assessment: PEDro Score for the RCTs Included in the Analysis**

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **PEDro Criteria** | | | | | | | | | | | |
| **Articles** | **Eligibility Criteria Were Specifieda** | **Random Allocation of Subjects** | **Allocation Was Concealed** | **Baseline Comparability of Groups** | **Blinding of All Subjects** | **Blinding of Therapists** | **Blinding of All Assessors** | **Adequate Followup** | **Intention-to-Treat Analysis** | **Between-Group Differences Reported (≥ Key Outcome)** | **Point Estimates and Variability Reported** | **Total Score** |
| Barene et al. (2014)21 | N | Y | N | Y | N | N | N | Y | Y | Y | Y | 6/10 |
| Barene et al. (2014)22 | Y | Y | N | Y | N | N | N | Y | Y | Y | Y | 6/10 |
| Donath et al. (2014)23 | Y | Y | Y | Y | N | N | N | Y | Y | Y | Y | 7/10 |
| Delextrat et al. (2016)24 | Y | Y | N | Y | N | N | N | Y | Y | Y | Y | 6/10 |
| Domene et al. (2015)25 | Y | Y | Y | Y | N | N | N | Y | Y | Y | Y | 7/10 |

Abbreviations: N, no; PEDro, Physiotherapy Evidence Database;Y, yes.

aEligibility criteria items do not contribute to the total score.