

## Supplemental Digital Content 1. Observing Patient Involvement (OPTION <sup>5 Item</sup>) Scale

	0	1	2	3	4
1. For the health issue being discussed, the clinician <b>draws attention to or re-affirms</b> that alternate treatment or management options exist or that the need for a decision exists. If the patient rather than the clinician draws attention to the availability of options, the clinician responds by agreeing that options need deliberation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. The clinician reassures the patient, or re-affirms, that the clinician will support the patient to <b>become informed and to deliberate</b> about the options. If the patient states that they have sought or obtained information prior to the encounter, the clinician supports such a deliberation process.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. The clinician <b>gives information, or checks understanding, about the pros and cons of the options</b> that are considered reasonable (including taking 'no action'), to support the patient in comparing the alternatives. If the patient requests clarification, explores options, or compares options, the clinician supports the process.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. The clinician makes an <b>effort to elicit the patient's preferences</b> in response to the options that have been described. If the patient declares their preference(s), the clinician is receptive/supportive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. The clinician makes an <b>effort to integrate</b> the patient's preferences as decisions are made. If the patient indicates how best to integrate their preferences as decisions are made, the clinician is supportive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Total Score (0-20)</b>					

*Note.* 0 = No effort (Nothing observed or heard);

1 = Minimal Effort (Short phrases used that indicate the ideas/issues being raised);

2 = Moderate Effort (Substantive (basic/reasonable) phrases/sentences used to convey the ideas and issues);

3 = Skilled Effort (Substantive phrases and sentences used to convey the ideas and issues, with checks and understanding); and

4 = Exemplary Effort (Excellent, careful attention to communication around the ideas and issues, with check on understanding)