	Design/Level of Evidence	Setting/Country of Origin	Sample Size	End- of-Life Care	Moral Distress or components	Nurse Competence or Performance	Patient Outcomes	Results Summary
1.Codier, Freitas, & Muneno (2013)	Quasi- experimental, pre-post design-no control	Oncology/U.S.	33	X		X	X	El clinical rounds resulted in positive evaluation from nurses and improved emotional care documentation. No changes in El levels were noted.
2.Karimi, Leggat, Donohue, Farrell & Couper (2013)	Cross sectional, descriptive	Community Nurses/Australia	312		Х			Emotional labour and emotional intelligence significantly impact nurses' well-being and job stress
3.Kaur, Sambasivan & Kumar (2013)	Descriptive, Correlational	Unknown/Malaysia	550		Х	Х		Spiritual intelligence influences EI and EI influences burnout and caring behaviors
4.Sharif, Rezaie, Kshavarzi, Mansoori, & Ghadakpoor (2013)	Randomized Clinical Trial	ICU/Iran	52		X	X		Emotional intelligence education program resulted in overall improved general health among

	Design/Level of Evidence	Setting/Country of Origin	Sample Size	End- of-Life	Moral Distress or	Nurse Competence or	Patient Outcomes	Results Summary
				Care	components	Performance		
								nurses
5.Adams &	Correlational	Mix of ICU/med-	361				Χ	Higher El
Iseler (2014)		surg/U.S.						correlates with
								decreased
								clostridium
								difficile and
								MRSA infections,
								patient falls with
								injury and
								frequency of
								pressure ulcer
								screenings.
6.Codier &	Theoretical	NA	NA			X	Х	Theorized that EI
Codier (2015)	model							can be a
	creation							contributing
								concept between
								communication
								and medical
								errors
7. Szeles	Mixed	U.S.	13			Х		El intervention
(2015)	methodology							did not
								statistically
								increase
								students' El
								measures
								although
								students
								reported
								perceived
								improved EI
								abilities.

	Design/Level	Setting/Country of	Sample	End-	Moral	Nurse	Patient	Results Summary
	of Evidence	Origin	Size	of-Life	Distress or	Competence or	Outcomes	
				Care	components	Performance		
8.Heydari,	Correlational	Unknown/Iran	220			X		Significant
Kareshki, &								positive
Armat (2016)								relationship
								between nurses'
								EI and
								personality
								scores and
								competence.
9.Sabzevar,	Randomized,	Non-ICU/Iran	135		Х			Emotional
Sarpoosh,	Control Trial							intelligence
Esmaeili, &								training resulted
Khojeh (2016)								in decrease
								anxiety levels
								nurses
10. Kozlowski,	Quasi-	Non-ICU/Australia	60					El training
Hutchinson,	Experimental							resulted in
Hurley, &								significantly
Browne (2018)								increased EI
								levels among
								nurses
11.Nightingale,	Integrative	Non-ICU/U.S.,	Unknown			X		El of various
Spiby, Sheen,	Review	Belgium, Iran,						nursing
Slade (2018)		Israel, Italy &						professionals
		others						related to both
								physical and
								emotional caring.
								However, it
								appeared that EI
								may impact
								bedside nurses
								more than nurse

	Design/Level	Setting/Country of	Sample	End-	Moral	Nurse	Patient	Results Summary
	of Evidence	Origin	Size	of-Life	Distress or	Competence or	Outcomes	
				Care	components	Performance		
								leaders or
								physicians.
12. Zhu, Y, Liu,	Descriptive,							
C, Zhao, L,	cross							
BMed, F.	sectional							
(2018)								