**Supplemental Figure.** Reasons for Declining Participation and Non-Adherence to Training

**A**

**B**

(A) Reasons for declining enrollment are presented among all medically eligible patients (n=56). Most common reasons were lack of computer access, time commitment, and feeling overwhelmed. (B) Similar themes were present for participants who opted out of training once home (n=14). Data are included from all enrolled participants, including those who withdrew prior to surgery.