**Table 4 Supplementary Material. Data Used in Meta-Analysis by Use of Comprehensive Meta-Analysis Software –**

**Individual Effect Size Calculations**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Study Name** | **Hedges g** | **Lower Limit** | **Upper Limit** | **Grp A (n)** | **Grp B (n)** | **Conf. level** | **Effect direction** | **Std diff. in means** | **Std Err** | **Hedges g** | **Std Err** |
| Church Anxiety | 1.13 | 0.4 | 1.83 | 16 | 18 | 0.95 | Positive | 1.157 | 0.360 | 1.13 | 0.351 |
| Church PST | 0.56 | -0.11 | 1.23 | 16 | 18 | 0.95 | Positive | 0.574 | 0.337 | 0.56 | 0.329 |
| Fox Anxiety | 0.35 | -0.5 | 1.2 | 10 | 10 | 0.95 | Positive | 0.365 | 0.422 | 0.35 | 0.405 |
| Fox Negative Emotion | 0.52 | -0.34 | 1.38 | 10 | 10 | 0.95 | Positive | 0.543 | 0.427 | 0.52 | 0.409 |
| Wells BAT | 1.71 | 0.71 | 2.71 | 12 | 9 | 0.95 | Positive | 1.781 | 0.498 | 1.71 | 0.478 |
| Wells Fear | 0.33 | -0.51 | 1.17 | 12 | 9 | 0.95 | Positive | 0.344 | 0.418 | 0.33 | 0.401 |
|  |  |  |  |  |  |  |  |  |  |  |  |
| **Calculations Performed in Comprehensive Meta-Analysis Software (Random Effects Model)** |  |  |  |  |  |  |
| **Study Name** | **Hedges g** | **Std Err** | **Variance** | **Lower Limit** | **Upper Limit** | **Z-value** | **P-value** |  |  |  |  |
| Church Anxiety | 1.13 | 0.351 | 0.123 | 0.442 | 1.818 | 3.219 | 0.0013 |  |  |  |  |
| Church PST | 0.56 | 0.329 | 0.108 | -0.085 | 1.205 | 1.703 | 0.0887 |  |  |  |  |
| Fox Anxiety | 0.35 | 0.405 | 0.164 | -0.443 | 1.143 | 0.865 | 0.3870 |  |  |  |  |
| Fox Negative Emotion | 0.52 | 0.409 | 0.168 | -0.282 | 1.322 | 1.270 | 0.2040 |  |  |  |  |
| Wells BAT | 1.71 | 0.478 | 0.228 | 0.774 | 2.646 | 3.579 | 0.0003 |  |  |  |  |
| Wells Fear | 0.33 | 0.401 | 0.161 | -0.457 | 1.117 | 0.822 | 0.4109 |  |  |  |  |
| **Aggregate Estimate** | **0.738** | **0.201** | **0.040** | **0.345** | **1.131** | **3.678** | **0.0002** |  |  |  |  |