

SUPPLEMENTAL TABLES

Supplemental Table 1. Resilience room use according to number of entries

Variable	No. (%) of Entries
Total room entries	1988 (100)
Role	
RN in the ICU	798 (40.1)
RN on the ward	261 (13.1)
PCT/HUC ICU	163 (8.2)
PCT/HUC on the ward	193 (9.7)
Leader: Manager, director, supervisor, educator	573 (28.8)
Day of week	
Sunday	205 (10.3)
Monday	342 (17.2)
Tuesday	344 (17.3)
Wednesday	343(17.3)
Thursday	275 (13.8)
Friday	262 (13.2)
Saturday	217 (10.9)
Shift	
Day, 6 AM–6 PM	929 (46.7)
Night, 6 PM–6 AM	1059 (53.3)
Resilience room	
Exercise	409 (20.6)
Relaxation	1579 (79.4)

Abbreviations: HUC, health unit coordinator; ICU, intensive care unit; PCT, patient care technician; RN, registered nurse.