

A Nontraditional Approach: Hybrid Competency Evaluation for Emergency Nurses

Maureen Lugod, MSN, RN, CEN

Background

Emergency nursing is a specialty within the nursing profession that utilizes the patient's chief complaint as the primary focus of assessment and intervention. This requires a broad spectrum of knowledge, skills, abilities, and judgment. Effective competency evaluation is the cornerstone of continuing professional development and has been traditionally evaluated with the conduction of a formal Annual Competency Day.

PICOT Question & Goals

PICOT Question:

Among the ED nurses at Rush Copley Medical Center's main campus (P), does the implementation of a unit-based hybrid competency evaluation (I) compared to the traditional scheduled "Annual Competency Day" (C) impact ED nurse engagement and cost (O) during FY2019 (T)?

Goals:

- Develop a competency evaluation process that promotes nurse ownership and accountability.
- Implement key strategies for meaningful content delivery and competency evaluation process to encourage autonomy.
- Achieve cost-savings.

Methods

PLAN

- Define objectives/goals
- New process and stakeholder engagement

ACT

- Result dissemination
- Plan for FY2020 Competency Evaluation

DO

- Competency evaluation logistics & related factors
- Meaningful delivery

STUDY

- Evaluate process measures and staff survey
- Cost-effectiveness

Theoretical Framework

Kurt Lewin's Three Stages of Change

Unfreeze

- Change from traditional scheduled "Annual Competency Day"
- Stakeholder buy-in

Change

- Nurses will complete competency validation during their shift
- Attend open house/ drop-in competency evaluation session for incomplete activities

Refreeze

- Accountability and ownership
- ED nurse engagement

Measures

- Ownership and accountability
- Perception of autonomy
- Cost-effectiveness

Process

ED RNs

- Choose and complete one method for competency validation
- Collect documentation/get signed off
- Submit completed competency form
- Remediate if needed

Clinical Nurse Educator

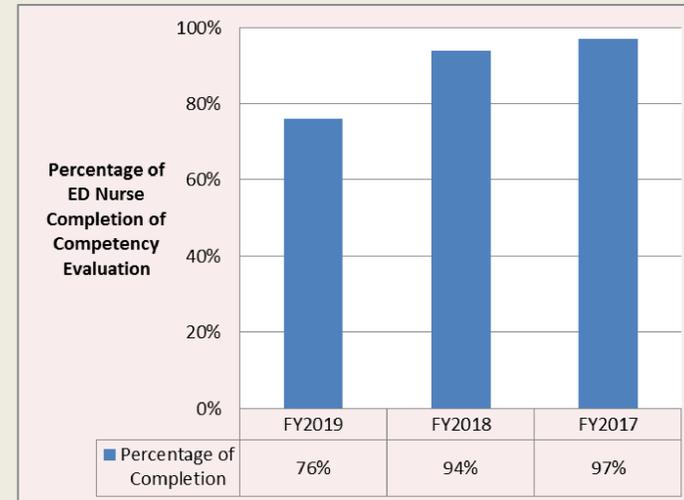
- Pre-competency modules
- Simulate events per regulatory requirements, problem areas, high-risk and low-volume items
- Collect, grade, track, and document competency submission
- Follow up and follow through
- Remediation
- Process for make-up

ED Manager & ED Director

- Promote staff ownership and accountability
- Follow through
- Remediation
- Performance evaluation

Results

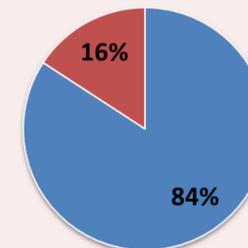
Completion of Competency Evaluation



ED Nurse Survey Results

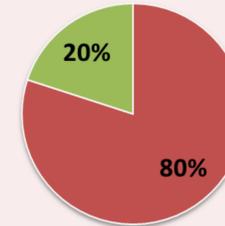
Perceived Accountability of ED Nurses in Completing the Competency Evaluation

- Competency evaluation process provided accountability (84%)
- Competency evaluation process did not provide accountability (16%)



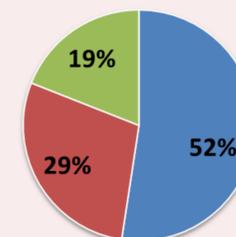
Perception of ED Nurse Autonomy in the Competency Evaluation Process

- Competency evaluation process provided MORE autonomy (80%)
- Competency evaluation process provided LESS autonomy (20%)



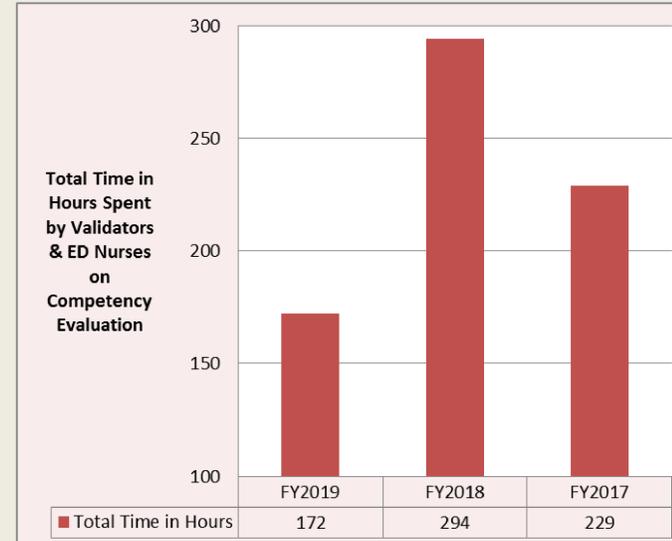
Preferred Competency Evaluation Process

- Annual Competency Day (52%)
- Hybrid Competency Evaluation (29%)
- Not Applicable - First Time Attending (19%)



Results

Cost Effectiveness



Outcomes

- Decrease in percentage of completion of competency evaluation from previous years.
- ED nurses prefer the scheduled Annual Competency Day based on survey response.
- Savings of 122 nursing salary hours.

Implications

- ED nurses' response to survey question pertaining to perceived accountability was not reflected in the actual percentage of completion of competency evaluation.
- Exploring a different process measure should guide the planning of subsequent competency evaluation process to address this non-correlation.
- Although cost-savings was achieved, utilizing outcome measures may provide a more accurate reflection of process effectiveness in critical care areas such as the ED.

References

- Martin, B. & LaVigne, R. (2016). Benchmarks: An evidence-based approach to creating high performing nurses. *Journal of Health Science*, 4, 26-34.
- Ostrander, K., Garrison, E., & Caruso, A. (2019). One hospital's experience with implementing on-demand annual competencies for nurses. *Journal for Nurses in Professional Development*, 35(1), 12-17.
- Wright, D. (2005). *The ultimate guide to competency assessment in healthcare* (3rd ed.). Minneapolis, MN: Creative Health Care Management.
- Wright, D. (2017). Competency management: Taming the competency monster [presentation]. Presented through 2017 ANPD Lippincott Webinars.