Supplemental Digital Content: Sample 7-day ambulatory activity records from 2 participants


Seven-day ambulatory activity records from a 55 year old female, EDSS = 3.5 (Participant A), and a 47 year old female, EDSS $=6.0$ (Participant B). Each horizontal strip represents a 24-hour period of recording, from 12:00 am to 11:59 pm. Vertical spikes within each day reflect the number of steps recorded in any given minute. Taller spikes reflect a greater number of steps recorded. Periods with no spikes reflect inactivity (step count $=0$ ). Mean daily values for activity parameters revealed that Participant A was generally more active than Participant B (STEPS = 8,551 vs. 4,975; INACTIVITY = 76.9\% vs. 79.5\%; BOUTS $=73.9$ vs. 69.0 ; BOUT TIME $=4.75$ vs. 4.3 minutes; INTENSITY $=3.3$ vs. 0.0 minutes; PEAK $=75.5 \mathrm{vs} .44 .4$ steps $/$ minute; MAX $=44.0$ vs. 27.3 steps / minute). For Participant A, total step counts were more consistent (i.e., less variable) from day-today than for Participant $B(C V=17.6$ vs. 22.1\%).

