Supplemental Table. Association of lifestyle behaviours with presenteeism when adjusting only for socio-demographics

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| Variables |  Presenteeism |
|  | Model 1a-e |
|  | B (SE) |
| **Physical Activity**  |  | -0.100(0.001)\*\* |
| **Work sitting time****Non-work sitting time** |  | -0.007 (0.004)0.085 (0.003)\* |
| **Sleep quality a** **Sleep duration b** |  | 0.188 (0.788)\*\*\* |
| Sleep duration Sleep duration2  |  | -0.099 (0.517)\*\* 0.129 (0.299)\*\*\* |

Notes. Model 1, adjusted for gender and marital status; a coded from 1’Very good’ to 4 ‘Very bad’; b the effect of sleep duration on presenteeism is represented by a linear and a squared term as adding the squared term was shown to improve model fit; B, standardized regression coefficients; SE, standard error; \* P<0.05; \*\* P<0.01; \*\*\* P<0.001