Supplemental Table. Association of lifestyle behaviours with presenteeism when adjusting only for socio-demographics

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| Variables | Presenteeism | |
|  | Model 1a-e | |
|  | B (SE) | |
| **Physical Activity** |  | -0.100(0.001)\*\* | |
| **Work sitting time**  **Non-work sitting time** |  | -0.007 (0.004)  0.085 (0.003)\* | |
| **Sleep quality a**  **Sleep duration b** |  | 0.188 (0.788)\*\*\* | |
| Sleep duration  Sleep duration2 |  | -0.099 (0.517)\*\*  0.129 (0.299)\*\*\* | |

Notes. Model 1, adjusted for gender and marital status; a coded from 1’Very good’ to 4 ‘Very bad’; b the effect of sleep duration on presenteeism is represented by a linear and a squared term as adding the squared term was shown to improve model fit; B, standardized regression coefficients; SE, standard error; \* P<0.05; \*\* P<0.01; \*\*\* P<0.001