# **Appendix 1**

# Information sources

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| --- | --- | --- | --- | --- |
| Database | Date searched  | Yield | Years searched by database | Restrictions  |
| Medline | Aug 10 2015 | 649 | 1948-present | Adults >19, English, humans |
| EMBASE | Aug 10 2015 | 1166 | 1947-present | Adults >18, English, humans |
| CINAHL | Aug 10 2015 | 281 | 1981-present | Adults >19, English, humans |
| Cochrane (CENTRAL) | Aug 10 2015 | 553 | - | Trials only |
| PEDro  | Aug 10 2015 | 2 | 1929-present | Nil |
| SPORTDiscus | Aug 10 2015 | 497 | 1985-present | English, published in academic journals |
| AMED | Aug 10 2015 | 314 | 1985-present | English |
| PsychInfo | Aug 10 2015 | 134 | 1806-present | Adults >18, English, humans |
| Science Direct (Elsevier) | Aug 10 2015 | 509 | - | Articles only |
| Web of Science Core Collection | Aug 10 2015 | 1023 | 1900-present | nil |
| Scopus | Aug 10 2015 | 1115 | - | Journal articles, subject area (health professions, psychology), English. |
| ProQuest Nursing and Allied Health | Aug 10 2015 | 116 | - | Scholarly journals |

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