# **Appendix 2: Search strategy for EMBASE database**

# Limited to: Humans, English language and adults 18 years+

exp Exercise/ OR exp Exercise Tolerance/ OR exp Fitness/ OR exp health status/ OR exp Motor Activity/ OR exp physical activity, capacity and performance/ OR exp aerobic exercise/ OR exp kinesiotherapy/ OR exp physical inactivity/ OR exp physical activity OR (physical activity).ab,ti. OR (physical inactivity).ab,ti. OR exercise.ab,ti. OR walk.ab,ti. OR (exercise ADJ3 prescri\*).ab,ti.

AND

exp Behavior Therapy/ OR exp behavior change/ or exp behavior/ OR exp lifestyle/ or exp lifestyle modification/ OR exp health personnel attitude/ or exp physiotherapist attitude/ OR exp health behavior/ or exp health belief/ or exp health belief model/ OR exp health promotion/ OR exp Health Education/ OR exp Patient Education/ OR exp Risk Reduction/ OR counsel\*.ab,ti. OR motivat\*.ab,ti. OR (motivational strateg\*).ab,ti. OR (educational strateg\*).ab,ti. OR (health promot\*).ab,ti. OR (health coaching).ab,ti. OR (physical activity promotion).ab,ti. OR (behavio?r change).ab,ti. OR (psychological intervention\*).ab,ti. OR (self efficacy).ab,ti. OR (self manag\*).ab,ti.

AND

exp Physiotherapist/ OR exp physiotherapy/ OR Physical therap\*.ab,ti. OR physiotherap\*.ab,ti.