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| --- | --- | --- | --- | --- | --- |
|  | The Trauma PAUSE did not affect this at all for me | The Trauma PAUSE had a minimal affect on this for me | The Trauma PAUSE slightly improved this for me | The Trauma PAUSE significantly improved this for me | N/A |
| Sense of internal conflict |  |  |  |  |  |
| Feeling of emptiness |  |  |  |  |  |
| Sense of resilience |  |  |  |  |  |
| Ability to move onto the next task |  |  |  |  |  |