**Women’s experiences of breastfeeding-related pain**

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Table 1

*Participant Characteristics*

|  |  |
| --- | --- |
| Characteristic |  |
| Maternal age (in years), *mean* *(SD)*  Infant age (in weeks), *mean (SD)* | 29.7 (3.0)  15.8 (13.2) |
|  | *n (%)* |
| Marital status  Married/common law | 14 (100.0) |
| Ethnic/cultural identity  Caucasian  Aboriginal (Inuit) | 13 (92.9)  1 (7.1) |
| Education  Community college diploma  University undergraduate degree  University graduate degree | 5 (35.7)  6 (42.9)  3 (21.4) |
| Employment  Full-time  Part-time | 11 (78.6)  3 (21.4) |
| Annual household income (CAD)  $50,000-$99,999  Greater than $100,000 | 4 (28.6)  10 (71.4) |
| Delivery type  Vaginal birth (unassisted)  Vaginal birth (forceps or vacuum)  Elective Caesarean section  Emergent Caesarean section | 10 (71.4)  1 (7.1)  1 (7.1)  2 (14.3) |
| Antenatal/postpartum caregiver  Midwife  Obstetrician/gynecologist  Family physician  Combined care (two of above) | 5 (35.7)  6 (42.9)  2 (14.3)  1 (7.1) |
| Time to first breastfeed  Less than 1 hour  1-3 hours  3 hours or greater | 9 (64.3)  4 (28.6)  1 (7.1) |
| Prior breastfeeding experience  Yes  No | 4 (28.6)  10 (71.4) |
| Decision to breastfeed  Before pregnancy | 14 (100.0) |
| Breastfeeding category  Exclusive  Complementary  Bottle (formula) | 9 (64.3)  4 (28.6)  1 (7.1) |