

## **Supplemental Digital Content 1: Search details**

### **Search details in PubMed**

(("urinary bladder neoplasms"[MeSH Terms] OR ("urinary"[All Fields] AND "bladder"[All Fields] AND "neoplasms"[All Fields]) OR "urinary bladder neoplasms"[All Fields] OR ("bladder"[All Fields] AND "neoplasm"[All Fields]) OR "bladder neoplasm"[All Fields]) OR ("bladder tumour"[All Fields] OR "urinary bladder neoplasms"[MeSH Terms] OR ("urinary"[All Fields] AND "bladder"[All Fields] AND "neoplasms"[All Fields]) OR "urinary bladder neoplasms"[All Fields] OR ("bladder"[All Fields] AND "tumor"[All Fields]) OR "bladder tumor"[All Fields]) OR ("urinary bladder neoplasms"[MeSH Terms] OR ("urinary"[All Fields] AND "bladder"[All Fields] AND "neoplasms"[All Fields]) OR "urinary bladder neoplasms"[All Fields] OR ("bladder"[All Fields] AND "cancer"[All Fields]) OR "bladder cancer"[All Fields]) OR ((("urinary bladder"[MeSH Terms] OR ("urinary"[All Fields] AND "bladder"[All Fields]) OR "urinary bladder"[All Fields] OR "bladder"[All Fields]) AND ("carcinoma"[MeSH Terms] OR "carcinoma"[All Fields])) OR ((("urothelium"[MeSH Terms] OR "urothelium"[All Fields]) AND ("carcinoma"[MeSH Terms] OR "carcinoma"[All Fields])) OR ("carcinoma, transitional cell"[MeSH Terms] OR ("carcinoma"[All Fields] AND "transitional"[All Fields] AND "cell"[All Fields]) OR "transitional cell carcinoma"[All Fields] OR ("transitional"[All Fields] AND "cell"[All Fields] AND "carcinoma"[All Fields]))) AND (ruit[All Fields] OR ("vegetables"[MeSH Terms] OR "vegetables"[All Fields] OR "vegetable"[All Fields]) OR ("brassicaceae"[MeSH Terms] OR "brassicaceae"[All Fields] OR "cruciferae"[All Fields]) OR ("citrous"[All Fields] OR "citrus"[MeSH Terms] OR "citrus"[All Fields]))

### **Search details in OvidSP (Embase)**

#1 (bladder neoplasm or bladder tumor or bladder cancer or bladder carcinoma or urothelium carcinoma or transitional cell carcinoma).mp. [mp=title, abstract, subject headings, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]

#2 (fruit or vegetable or Cruciferae or citrus).mp. [mp=title, abstract, subject headings, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]

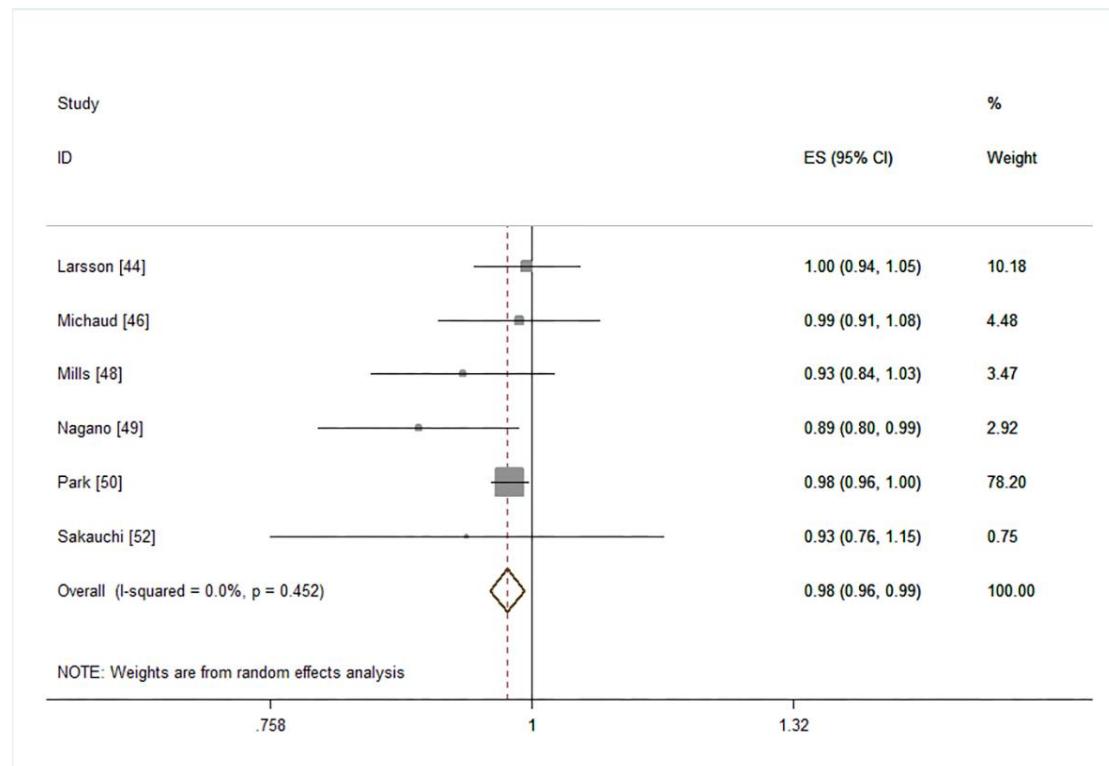
#3 #1 and #2

### **Search details in Willy online Library**

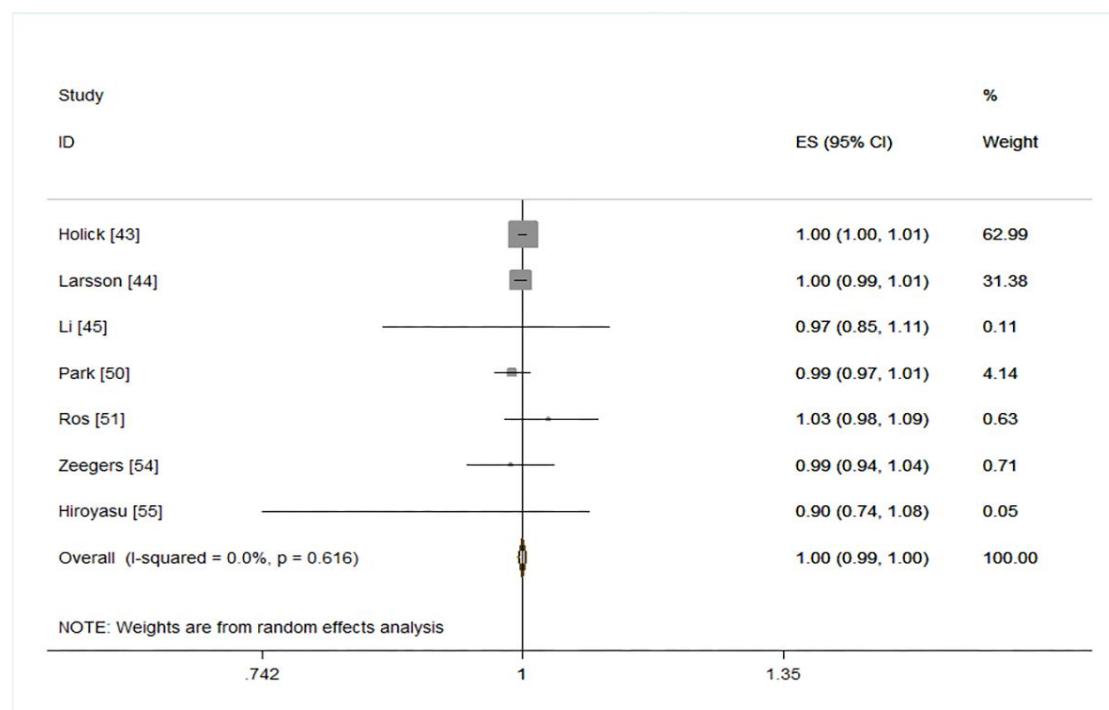
Bladder neoplasm OR bladder tumor OR bladder cancer OR bladder carcinoma OR urothelium carcinoma OR transitional cell carcinoma [**in Abstract**] AND fruit OR vegetable OR cruciferae OR citrus [**in All Fields**]

## Supplemental Digital Content 2: Supplemental Figures

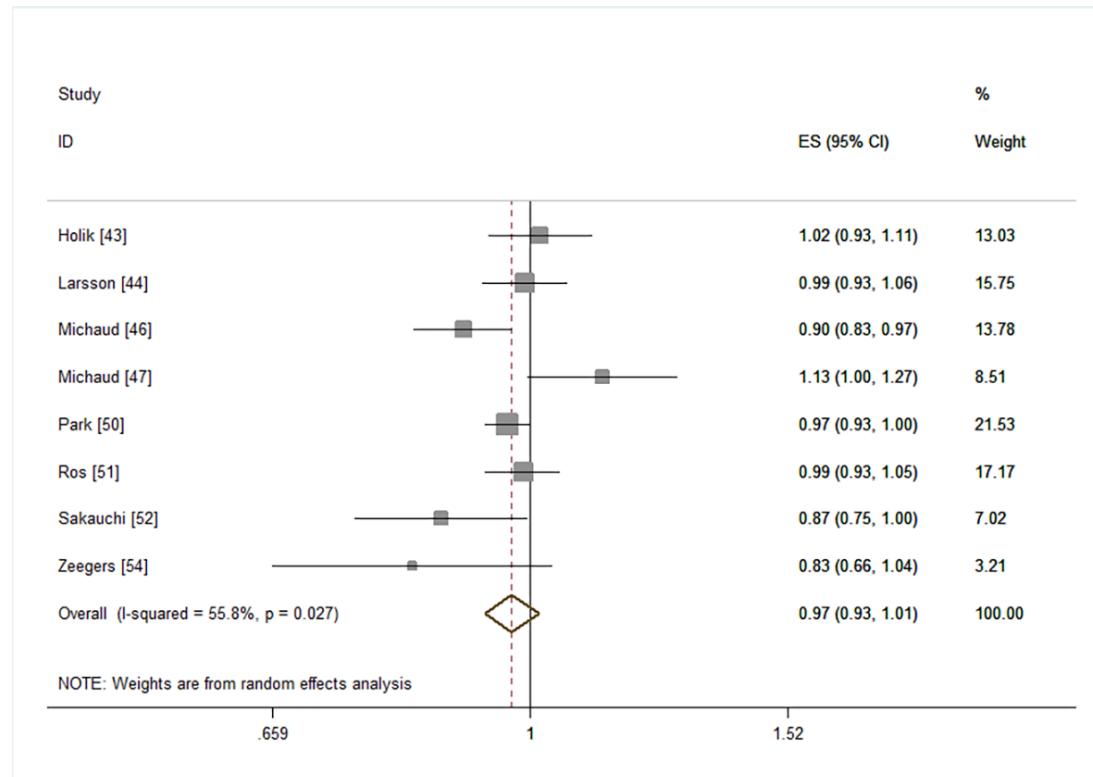
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kpvcng"cpf "tkum\qh'drcf f gt"ecpegt."y kj "j g"f quq"uecng"y cu"gxgt { '204"ugtxkpi 'kpetgo gpv0



Hši wtg "U4"j cv'knwutcvgu"j g'hqtguv'r mq"lpgct "cuuqekc\qp+"qh'ektwu"kpvcng"cpf "  
tkum\qh'drcf f gt"ecpegt."y kj "j g"f quq"uecng"y cu"gxgt { '204"ugtxkpi 'kpetgo gpv0



Hki wtg "U5 "j cv'knwntcvgu"j g'hqtguv'r mq"lpgct "cuuqekcvqp+"qh"et wekhtqwu'lpcvng"cpf "tkum qh'dnrf f gt"ecpegt."y kj "j g"f qug"uecng"y cu"gxgt { '204"ugtxlpi 'lpetgo gp\0



Hki wtg "U6 "j cv'knwntcvgu"hknf 'hwppgn'r mq'hqt'hwk'lpcvng"cpf "tkun'qh'DE "d{ 'tkn'cpf 'hkn'o gyj qf 0

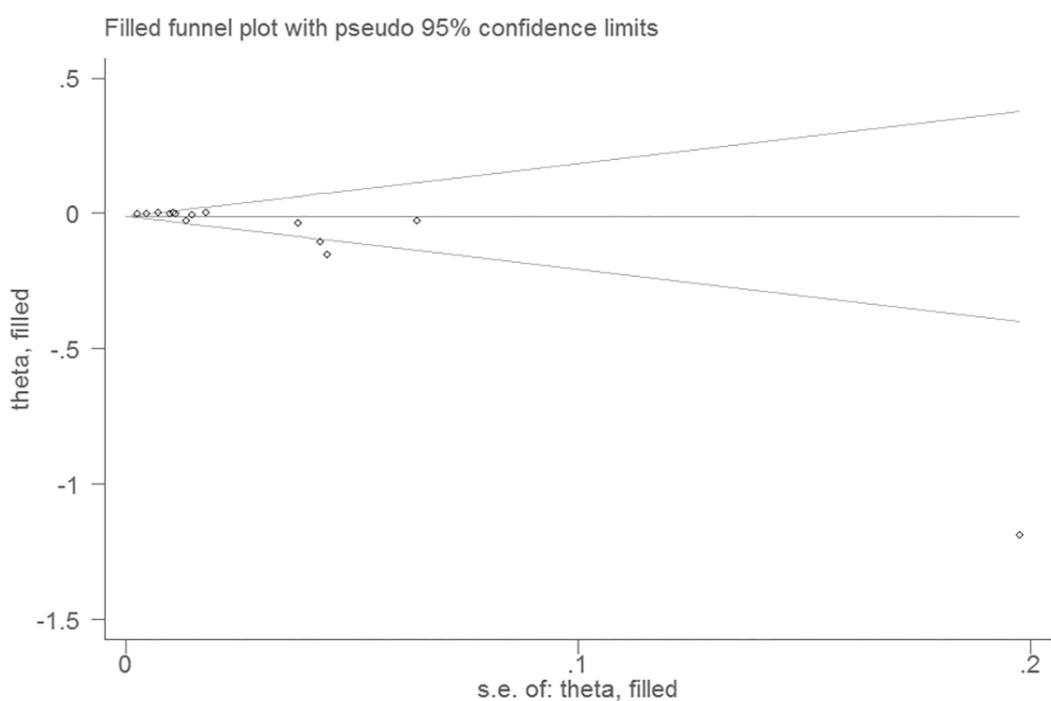
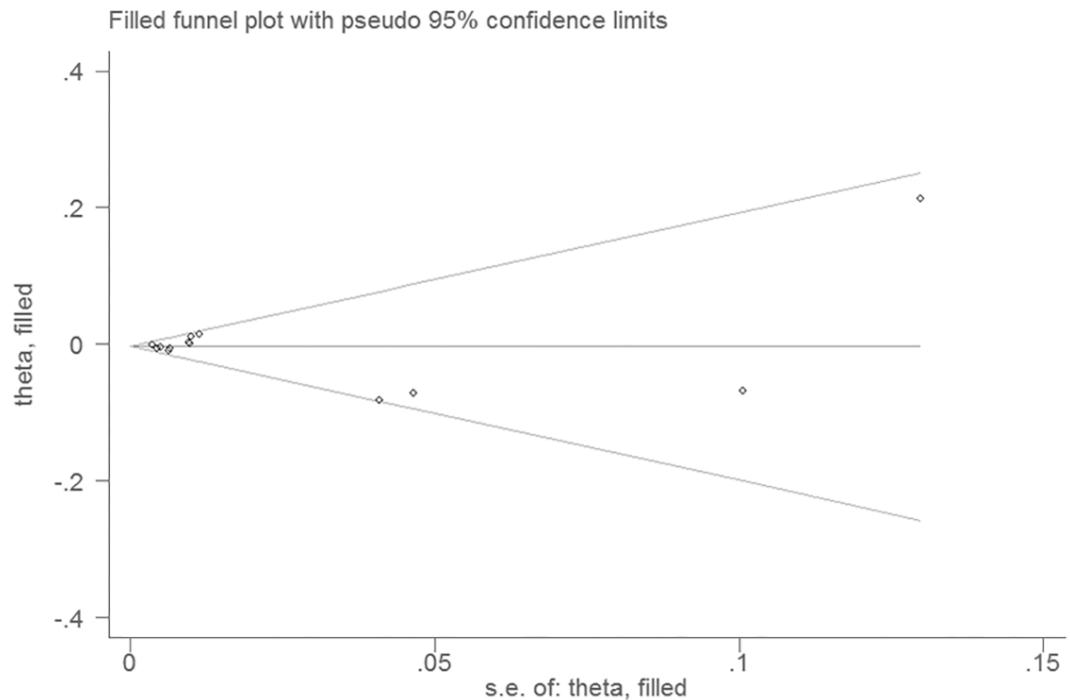


Figure S5 that illustrates filled funnel plot for vegetables intake and risk of BC by trill and fill method.



## Supplemental Digital Content 3: Supplemental Tables

**Table S2 Results of subgroup analysis of citrus, cruciferous, and green leafy vegetables (per 0.2 servings increment/day).**

Subgroup analysis	Citrus (7)			Green leafy vegetables (6)			Cruciferous (8)		
	RRs (95%CI)	I <sup>2</sup>	P	RRs (95%CI)	I <sup>2</sup>	P	RRs (95%CI)	I <sup>2</sup>	P
<b>Geographical location:</b>									
American	1.00(0.99, 1.01)	22.9%	0.72	0.98(0.96, 1.00)	0.0%	0.02	0.96(0.91, 1.02)	56.5%	0.16
European	1.00(0.98, 1.01)	0.0%	0.64	1.00(0.94, 1.05)	—	0.89	1.00(0.94, 1.06)	54.1%	0.98
Asian	0.95(0.85, 1.05)	0.0%	0.30	0.90(0.82, 0.99)	0.0%	0.03	0.87(0.75, 1.00)	—	0.04
Interaction test	—	0.0%	0.61	—	42.3%	0.18	—	47.3%	0.15
<b>Primary unit:</b>									
Serving or cup	1.00(1.00, 1.00)	0.0%	0.83	0.99(0.95, 1.04)	0.0%	0.78	0.97(0.91, 1.04)	65.8%	0.37
Gram	0.99(0.97, 1.01)	4.9%	0.48	0.98(0.96, 1.00)	—	0.03	0.99(0.93, 1.06)	61.6%	0.77
Time	0.95(0.85, 1.05)	0.0%	0.30	0.91(0.85, 0.98)	0.0%	<0.01	0.87(0.75, 1.00)	—	0.04
Interaction test	—	0.0%	0.47	—	53.0%	0.12	—	30.8%	0.24
<b>Length of follow up:</b>									
Less than 10 years	1.00(0.99, 1.01)	0.0%	0.72	0.98(0.93, 1.02)	0.0%	0.33	0.97(0.91, 1.02)	71.7%	0.21
10 years or over	1.00(0.99, 1.01)	22.9%	0.59	0.97(0.92, 1.01)	36.0%	0.14	0.99(0.92, 1.06)	47.2%	0.71
Interaction test	—	0.0%	1.00	—	0.0%	0.77	—	0.0%	0.65
<b>Data assumption:</b>									
Yes	0.99(0.97, 1.01)	4.9%	0.48	0.98(0.96, 1.00)	—	0.03	0.99(0.93, 1.06)	61.6%	0.77
No	1.00(1.00, 1.00)	0.0%	0.80	0.96(0.92, 1.01)	9.7%	0.09	0.95(0.89, 1.02)	65.8%	0.16
Interaction test	—	0.0%	0.55	—	0.0%	0.53	—	0.0%	0.45
<b>Energy controlled:</b>									
Yes	1.00(0.99, 1.01)	0.0%	0.67	1.00(0.94, 1.05)	—	0.89	1.01(0.96, 1.06)	51.0%	0.74

No	1.00(0.99, 1.00)	0.0%	0.81	0.97(0.95, 0.99)	3.5%	0.01	0.94(0.89, 0.99)	49.1%	0.03
Interaction test	—	0.0%	0.83	—	0.0%	0.43	—	69.2%	0.07

**Table S3 Results of sensitivity analyses of citrus, cruciferous, and green leafy vegetables.**

Sensitivity analysis	Citrus (7)			Cruciferous (8)			Green leafy vegetables (6)		
	RR (95%CI)	I <sup>2</sup>	P	RR (95%CI)	I <sup>2</sup>	P	RR (95%CI)	I <sup>2</sup>	P
<b>Primary results</b>	1.00(0.99, 1.00)	0.00%	0.66	0.97(0.94, 1.01)	57.8%	0.17	0.98(0.96, 0.99)	0.00%	<0.01
<b>Omitting item</b>									
<i>Adventist</i> [48]	—	—	—	—	—	—	0.98(0.96, 1.00)	0.00%	0.01
<i>High smoking rate</i> [40, 42, 47]	—	—	—	0.97(0.93, 1.00)	46.80%	0.04	—	—	—
<i>Did not adjust for smoking</i> [42]	—	—	—	—	—	—	—	—	—
<i>Atomic bomb survivors</i> [42]	—	—	—	—	—	—	—	—	—
<i>100% females</i> [43, 50]	1.00(0.99, 1.01)	0.00%	0.59	0.97(0.92, 1.02)	62.50%	0.30	0.96 (0.92, 1.01)	9.70%	0.09
<i>100% males</i> [40, 46, 47]	—	—	—	0.98(0.95, 1.01)	29.40%	0.13	0.97 (0.95, 1.00)	13.60%	0.04
<i>Urothelial cancer</i> [40, 42, 51, 52, 54]	1.00(0.99, 1.00)	0.00%	0.65	0.98(0.94, 1.03)	65.00%	0.49	0.97 (0.95, 1.00)	12.10%	0.03
<i>Low quality score</i> [42, 48, 53, 55]	1.00(0.99, 1.00)	0.00%	0.68	—	—	—	0.98(0.96, 1.00)	0.00%	0.01
<i>Fried or cooked vegetable</i> [40, 48]	—	—	—	—	—	—	0.98(0.96, 1.00)	0.00%	0.01
<b>Omitting 1 studies at a time*</b>	Stable	—	—	Not stable [42]	—	—	Not stable [45]	—	—
<i>Study</i> [47]	—	—	—	0.97(0.93, 1.00)	46.80%	0.04	—	—	—
<i>Study</i> [50]	—	—	—	—	—	—	0.96 (0.92, 1.01)	9.70%	0.09

\*We only presents those studies obviously influence the overall results; RRs assigned to per 0.2 servings increment/day.