

Supplementary Material

Supplementary Table 1. Characteristics of the Participants with Expanded-CVD Mortality, Stratified by Hypertension Stage

Characteristics	Normal SBP <120 and DBP <80	Prehypertension SBP 120-139 or DBP 80-89	Stage 1 hypertension SBP 140-159 or DBP 90-99	Stage 2 hypertension SBP ≥160 or DBP ≥100	P
No. of participants	192	381	327	215	
Demographics					
Age, M (SD)	78.8 (6.6)	78.0 (6.5)	79.7 (6.7)	79.9 (7.1)	0.53
Education, %					
None	13	11.6	14.7	15.4	0.62
1-6 years	24.5	28.9	31.2	29.8	
7-12 years	33.9	33.3	32.4	32.1	
> 12 years	28.7	26.3	21.7	22.8	
Marital status, %					
Single	41.2	32.3	40.4	34.9	0.07
Married/cohabiting	58.9	67.7	59.6	65.1	
Risk factors					
BMI in kg/m ² , M (SD)	23.0 (3.5)	23.6 (3.8)	23.9 (4.0)	23.4 (3.3)	< 0.001
Smoking status, %					
Frequently/occasionally	15.6	12.3	11.3	7.4	0.08
None	84.4	87.7	88.7	92.6	
Alcohol consumption, %					
Frequently/occasionally	14.1	15.2	12.2	10.2	0.33
None	85.9	84.8	87.8	89.8	
Regular exercise, %					
None	16.2	15.2	20.8	20.9	0.45

1-2 times/week	40.6	42.5	40.4	40.9	
3-5 times/week	43.2	42.3	38.8	38.1	
Health status					
Cognitive status, %					
No impairment	80.2	86.9	85.9	87.9	0.07
Mild impairment	5.2	5.3	6.7	5.6	
Moderate-to-severe impairment	14.6	7.9	7.3	6.5	
Diabetes mellitus, %	31.8	31.5	30.3	31.6	0.98
Hyperlipidemia, %	47.9	45.7	46.8	54	0.25
Anemia, %	45.3	38.1	37.6	38.1	0.30
Alanine aminotransferase in U/L, M(SD)	18.9 (13.0)	20.1 (11.6)	19.4 (12.2)	21.5 (18.8)	< 0.001
Albumin in g/dL, M(SD)	4.16 (0.44)	4.18 (0.41)	4.21 (0.34)	4.20 (0.39)	< 0.001
eGFR in ml/min/1.73m ² , M (SD)	61.8 (22.7)	62.5 (26.9)	57.2 (22.8)	57.5 (25.4)	0.004

SBP: systolic blood pressure; DBP: diastolic blood pressure; M: mean; SD: standard deviation; BMI: body mass index; eGFR: estimated glomerular filtration rate

Supplemental Figure 1

Supplemental Figure 2

Supplemental Figure 3





