**SUPPLEMENTARY TABLES. IEXPAC EXPERIENCE SCORES STRATIFIED BY DEMOGRAPHIC AND HEALTH CARE-RELATED VARIABLES**

**SUPPLEMENTARY TABLE 1. IEXPAC experience scores by gender**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Men**  **(n= 163)** | **Women**  **(n= 147)** | ***P*-value** |
| **Overall IEXPAC experience score** | 5.9 (1.9) | 5.8 (2.0) | 0.609 |
| **Productive Interactions score (Factor 1)** | 7.8 (2.1) | 7.7 (2.5) | 0.623 |
| **New Relational Model score (Factor 2)** | 2.3 (2.3) | 2.2 (2.3) | 0.749 |
| **Patient Self-management score (Factor 3)** | 6.8 (2.4) | 6.6 (2.3) | 0.492 |

**SUPPLEMENTARY TABLE 2. IEXPAC experience scores by age quartiles (years).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **<38**  **(n= 71)** | **38 to <46**  **(n= 69)** | **46 to <56**  **(n= 73)** | **>=56**  **(n= 65)** | ***P*-trend** |
| **Overall IEXPAC experience score** | 5.9 (2.1) | 6.2 (1.8) | 5.7 (1.9) | 5.8 (2.0) | 0.406 |
| **Productive Interactions score (Factor 1)** | 7.8 (2.4) | 8.1 (1.9) | 7.6 (2.5) | 7.6 (2.3) | 0.345 |
| **New Relational Model score (Factor 2)** | 2.3 (2.1) | 2.9 (2.5) | 1.8 (1.8) | 1.8 (2.3) | 0.039 |
| **Patient Self-management score (Factor 3)** | 6.5 (2.5) | 6.9 (2.1) | 6.5 (2.5) | 6.8 (2.5) | 0.692 |

**SUPPLEMENTARY TABLE 3. IEXPAC experience scores by educational level achieved**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Primary studies**  **(n= 93)** | **Secondary, including vocational**  **(n= 133)** | **University or further**  **(n= 85)** | ***P*-trend** |
| **Overall IEXPAC experience score** | 6.0 (1.9) | 5.8 (2.0) | 5.8 (2.0) | 0.506 |
| **Productive Interactions score (Factor 1)** | 8.0 (2.1) | 7.6 (2.3) | 7.6 (2.4) | 0.248 |
| **New Relational Model score (Factor 2)** | 1.8 (2.0) | 2.4 (2.3) | 2.4 (2.4) | 0.072 |
| **Patient Self-management score (Factor 3)** | 6.9 (2.3) | 6.6 (2.4) | 6.6 (2.4) | 0.296 |

**SUPPLEMENTARY TABLE 4. IEXPAC experience scores by follow up for health care in a Spanish region different to patients’ main residence**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Yes**  **(n= 24)** | **No**  **(n= 288)** | ***P*-value** |
| **Overall IEXPAC experience score** | 6.2 (1.3) | 5.8 (2.0) | 0.346 |
| **Productive Interactions score (Factor 1)** | 8.3 (1.6) | 7.7 (2.3) | 0.195 |
| **New Relational Model score (Factor 2)** | 2.3 (1.7) | 2.2 (2.3) | 0.970 |
| **Patient Self-management score (Factor 3)** | 7.2 (1.6) | 6.6 (2.4) | 0.276 |

**SUPPLEMENTARY TABLE 5. IEXPAC experience scores by number of specialist (including primary care physician) visited by patients the past year**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **0 – 2**  **(n= 98)** | **3 – 4**  **(n= 129)** | **>=5**  **(n= 92)** | ***P*-trend** |
| **Overall IEXPAC experience score** | 6.1 (2.2) | 6.0 (2.0) | 5.5 (1.8) | 0.050 |
| **Productive Interactions score (Factor 1)** | 8.0 (2.4) | 7.9 (2.3) | 7.3 (2.1) | 0.072 |
| **New Relational Model score (Factor 2)** | 2.4 (2.4) | 2.4 (2.4) | 1.9 (1.8) | 0.140 |
| **Patient Self-management score (Factor 3)** | 6.9 (2.6) | 6.8 (2.3) | 6.4 (2.2) | 0.160 |

**SUPPLEMENTARY TABLE 6. IEXPAC experience scores by self-care versus help from others for health care**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Self-care**  **(n= 184)** | **Help from others**  **(n= 108)** | ***P*-value** |
| **Overall IEXPAC experience score** | 5.7 (2.0) | 6.0 (1.9) | 0.329 |
| **Productive Interactions score (Factor 1)** | 7.6 (2.4) | 7.9 (2.2) | 0.433 |
| **New Relational Model score (Factor 2)** | 2.2 (2.4) | 2.3 (2.1) | 0.596 |
| **Patient Self-management score (Factor 3)** | 6.6 (2.5) | 6.8 (2.1) | 0.464 |

**SUPPLEMENTARY TABLE 7. IEXPAC experience scores by treatment with subcutaneous or intravenous medications**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Yes**  **(n= 120)** | **No**  **(n= 170)** | ***P*-value** |
| **Overall IEXPAC experience score** | 6.1 (1.8) | 5.7 (2.1) | 0.118 |
| **Productive Interactions score (Factor 1)** | 8.0 (2.1) | 7.5 (2.4) | 0.052 |
| **New Relational Model score (Factor 2)** | 2.3 (2.1) | 2.2 (2.4) | 0.589 |
| **Patient Self-management score (Factor 3)** | 6.8 (2.2) | 6.5 (2.4) | 0.265 |

**SUPPLEMENTARY TABLE 8. IEXPAC experience scores by affiliation to patients association**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Yes**  **(n= 34)** | **No**  **(n= 304)** | ***P*-value** |
| **Overall IEXPAC experience score** | 5.7 (2.1) | 5.9 (2.0) | 0.647 |
| **Productive Interactions score (Factor 1)** | 6.8 (2.1) | 7.8 (2.3) | 0.015 |
| **New Relational Model score (Factor 2)** | 3.0 (2.0) | 2.1 (2.3) | 0.049 |
| **Patient Self-management score (Factor 3)** | 6.6 (2.5) | 6.7 (2.3) | 0.884 |