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| **PRISMA Statement** |
| **PRISMA Section/topic** | Items  |
| Title  | Title  | Q1 |
| Abstract  | Structured summary  | Q2 |
| Introduction  | Rationale  | Q3 |
| Objectives  | Q4 |
| Methods | Protocol and registration  | Q5 |
| Eligibility criteria  | Q6 |
| Information sources  | Q7 |
| Search  | Q8 |
| Study selection  | Q9 |
| Data collection process  | Q10 |
| Data items  | Q11 |
| Risk of bias in individual studies  | Q12 |
| Summary measures  | Q13 |
| Synthesis of results  | Q14 |
| Risk of bias across studies  | Q15 |
| Additional analyses  | Q16 |
| Results  | Study selection  | Q17 |
| Study characteristics  | Q18 |
| Risk of bias within studies  | Q19 |
| Results of individual studies  | Q20 |
| Synthesis of results  | Q21 |
| Risk of bias across studies  | Q22 |
| Additional analysis  | Q23 |
| Discussion  | Summary of evidence  | Q24 |
| Limitations  | Q25 |
| Conclusions  | Q26 |
| Funding  | Funding  | Q27 |