The Journey to Better Health: How to Ensure a Smooth Transitional Care Process?

A review of nine of the transitional care studies funded by Patient-Centered Outcomes Research Institute (PCORI)



Observational



Pragmatic trials



## Lessons drawn from transitional care studies

Transitional care comprises a diverse range of services and environments to facilitate the safe and timely transition of patients between levels of health care and across care settings

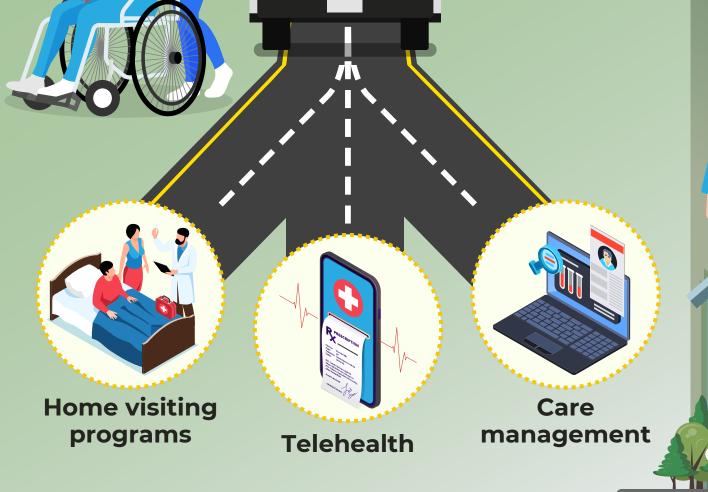
Delineating function

(core purposes) versus form
(strategies required to
execute a function) of the
intervention inform real-world
form adaptations and
flexibility, keeping core
functions intact



Evaluating both the processes supporting intervention implementation and the impact of adaptations to extrapolate manualized intervention and gain insights from unanticipated form changes

How can these diverse and complex interventions be implemented and evaluated to address transitional care disparities?



Interventions?



Customizing and fostering early engagement of stakeholders for the design and delivery of intervention and dissemination of study results

The insights gained can help steer future pragmatic studies, potentially improving the transitional care process for patients

Implementation of Complex Interventions:
Lessons Learned from the PCORI Transitional Care Portfolio
Gesell et al. (2021) | *Medical Care* | DOI: 10.1097/MLR.000000000001591

