Supplemental Digital Content 2 Table. Grading system for recommendations (GRADE)

Strength of recommendations

Strong [1] Factors influencing the strength of the recommendation

included the quality of the evidence, presumed patient-important

outcomes, and cost

Weak [2] Variability in preferences and values, or more uncertainty.

Recommendation is made with less certainty, higher cost, or

resource consumption

Quality of evidence

High [A] Further research is unlikely to change confidence in the

estimate of the clinical effect

Moderate [B] Further research may change confidence in the estimate of the

clinical effect

Low [C] Further research is extremely likely to effect confidence on the

estimate of clinical effect