**Supplementary Table 5:** Examples EEN Protocols

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| **Site** | **Indications for EEN** | **EEN Duration**  | **Formula allowed** | **Allowed food/drink other than formula**  | **Route** | **Reintroducing food** |
| Stollery Children’s Hospital, Edmonton, Canada | Crohn disease (new diagnosis or during a flare);Alone or with other treatments (biologics) | 6-8 weeks | Polymeric formula, usually 1.5 kcal/mL to reduce volume. Any flavour | Water, 3 hard candies + 3 pieces of chewing gum daily | Orally first, insert NG if patient requests/needs | Reintroduce food after 8 weeksDecrease formula by 1 bottle every 2-3 days and increase amount of food gradually over 2-3 weeks. Start with low fibre foods/meals, then moderate fibre foods, and finally no restrictions on fibre if clinically well after 3 weeks, except whole nuts and popcorn |
| Our Lady’s Children’s Hospital, Dublin, Ireland | Crohn disease | 8 weeks | Polymeric, milk-based or juice-based. Any flavour | Water and chewing gum  | Orally first, insert NG if patient requests/needs | Reintroduce snacks after 2-4 weeks if clinically improving - may have low fibre bread, rice, or crackers with full amount of formula. Start gradually increasing food back to usual intake and decreasing formula after 6 weeks of nutritional therapy until drinks are reduced to 2 daily (usually takes about 2 weeks); Stay on 2 drinks daily long-term |
| University of Otago, Christ-church,New Zealand | Crohn disease (new diagnosis or secondary therapy in conjunction with other drug therapy) | Up to 8 weeks | Polymeric formula, any flavour | Water | Orally first, insert NG if patient requests/needs | Reintroduce food after 8 weeksGradually add in one meal at a time, start with plain/low fibre and transition to include fatty/spicy/rich foods |
| Wolfson Medical Center, Holon, Israel | Crohn disease (new diagnosis or during a flare) | 6 Weeks | Polymeric formula 1 kcal/mL | Water | Orally, in severe patients 2 weeks NG and continue oral | Reintroduce food after 6 weeks, gradually reduce the amount of formula to 25% after 3 days (75% the first day, 50% the second, and 25% from the third day);Gradually increasing food back to usual intake in few days |
| Hospital Materno Infantil. IBIMA, Málaga, Spain | Crohn disease (mostly newly diagnosed, sometimes during a flare);Alone or with other treatments (biologics) | 8 weeks | Resource IBD (Spanish brand of Modulen IBD) | WaterChewing gumFlavorings | Orally first, insert NG if patient requests/needs | Reintroduce food (published CDED) after 8 weeks.Gradually add in one meal at a time every 2-3 days. We try to keep them on a CDED (published one) as long as possible |