**Appendix 3**: Torque factor (TF) to estimate the optimal torque (by TF\*body weight in N**•**m) for the Wingate test

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Height (cm)** | **TD** | **GMFCS I** | **GMFCS II** | **GMFCS III** |
| **120** | 0.50 | 0.35 | 0.25 | 0.25 |
| **140** | 0.62 | 0.45 | 0.35 | 0.25 |
| **160** | 0.74 | 0.55 | 0.45 | 0.25 |