

Supplemental Digital Content 1

APPENDIX A

Scale Items for Personality Scales

International Personality Item Pool – Extraversion and Neuroticism

Response options: 1 = very accurate, 2 = moderately accurate, 3 = neither accurate nor inaccurate, 4 = moderately inaccurate, 5 = very inaccurate.

1. Am the life of the party
2. Get stressed out easily
3. Don't talk a lot
4. Feel comfortable around people
5. Worry about things
6. Keep in the background
7. Seldom feel blue
8. Start conversations
9. Am easily disturbed
10. Have little to say
11. Get upset easily
12. Talk to a lot of different people at parties
13. Change my mood a lot
14. Don't like to draw attention to myself
15. Have frequent mood swings
16. Don't mind being the center of attention
17. Get irritated easily

18. Am quiet around strangers

19. Often feel blue

20. Am relaxed most of the time

Extraversion: 1*, 3, 4*, 6, 8*, 10, 12*, 14, 16*, 18

Neuroticism: 2, 5, 7*, 9, 11, 13, 15, 17, 19, 20*

*Reverse Scored

BIS/BAS Scales

Response options:

1 = very false for me

2 = somewhat false for me

3 = somewhat true for me

4 = very true for me.

1. A person's family is the most important thing in life.
2. Even if something bad is about to happen to me, I rarely experience fear or nervousness.
3. I go out of my way to get things I want.
4. When I'm doing well at something I love to keep at it.
5. I'm always willing to try something new if I think it will be fun.
6. How I drew is important to me.
7. When I get something I want, I feel excited and energized.
8. Criticism or scolding hurts me quite a bit.
9. When I want something I usually go all-out to get it.
10. I will often do things for no other reason than that they might be fun.
11. It's hard for me to find the time to do things such as get a haircut.
12. If I see a chance to get something I want I move on it right away.
13. I feel pretty worried or upset when I think or know somebody is angry at me.
14. When I see an opportunity for something I like, I get excited right away.

15. I often act on the spur of the moment.
16. If I think something unpleasant is going to happen, I usually get pretty “worked up.”
17. I often wonder why people act the way they do.
18. When good things happen to me, it affects me strongly.
19. I feel worried when I think I have done poorly at something important.
20. I crave excitement and new sensations.
21. When I go after something I use a “no holds barred“ approach.
22. I have very few fears compared to my friends.
23. It would excite me to win a contest.
24. I worry about making mistakes.

BIS: 2*, 8, 13, 16, 19, 22*, 24

Drive: 3, 9, 12, 21

Fun Seeking: 5, 10, 15, 20

Reward Responsiveness: 4, 7, 14, 18, 23

Items 1, 6, 11, and 17 are fillers.

*Reverse Scored