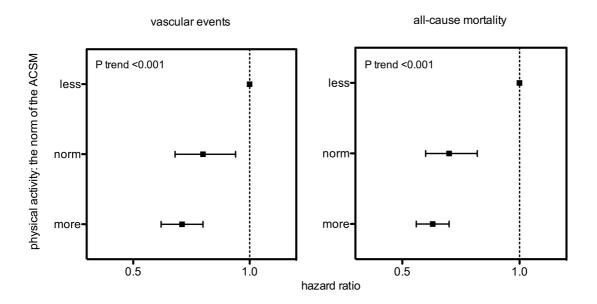
Supplemental Digital Content 1

Figure Hazard ratios for vascular events and all-cause mortality according to the ACSM's norms of physical activity



ACSM, American College of Sports Medicine.

Cox regression model, adjusted for age, sex, smoking status and current alcohol consumption.