

Supplemental Digital Content 3

Table Hazard ratios for vascular events and all-cause mortality according to level of physical activity after excluding patients with events in the first 2 years

	n	p-y	HR (95% CI)	P trend
Vascular events				
Quartiles of physical activity (range in METh/w)				
1 (<5.9)	323	12781	1.00	
2 (5.9-17.4)	190	12471	0.70 (0.58-0.84)	
3 (17.4-34.2)	187	12259	0.69 (0.57-0.83)	
4 (>34.2)	188	10619	0.71 (0.59-0.85)	<0.001
All-cause mortality				
Quartiles of physical activity (range in METh/w)				
1 (<5.9)	437	13764	1.00	
2 (5.9-17.4)	239	13116	0.69 (0.59-0.81)	
3 (17.4-34.2)	221	12726	0.63 (0.54-0.75)	
4 (>34.2)	238	11246	0.66 (0.56-0.78)	<0.001

Cox regression model, adjusted for age, sex, smoking status and current alcohol consumption (model 2)

METh/w, metabolic equivalent hours per week; p-y, person-years; HR, hazard ratio; CI, confidence interval.