

Supplemental Digital Content 4

Table Hazard ratios for vascular events and all-cause mortality according to level of physical activity in severe and non-severe vascular disease

Quartiles of physical activity	Vascular events			All-cause mortality		
	n	p-y	HR (95% CI)	n	p-y	HR (95% CI)
Severe vascular disease						
1 (<5.9)	51	1132	1.00	60	1273	1.00
2 (5.9-17.4)	24	1141	0.54 (0.33-0.88)	30	1187	0.64 (0.41-0.99)
3 (17.4-34.2)	25	1125	0.60 (0.37-0.98)	22	1171	0.53 (0.32-0.88)
4 (>34.2)	35	1502	0.62 (0.39-0.97)	33	1562	0.54 (0.35-0.85)
Non-severe vascular disease						
1 (<5.9)	323	9588	1.00	385	10343	1.00
2 (5.9-17.4)	193	8691	0.75 (0.62-0.90)	209	9210	0.72 (0.61-0.85)
3 (17.4-34.2)	181	8752	0.67 (0.56-0.81)	196	9116	0.63 (0.53-0.76)
4 (>34.2)	180	8368	0.67 (0.55-0.81)	195	8904	0.61 (0.51-0.73)

Cox regression model, adjusted for age, sex, smoking status and current alcohol consumption (model

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METH/w, metabolic equivalent hours per week; p-y, person-years; HR, hazard ratio; CI, confidence interval.

