**SDC 6. Summary of BP assessment methodology of the included concurrent exercise training interventions (*k*=76)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Characteristics |  | *k* |  | Mean±SD |  | Range |
| Gold standard BP measurement methods cited (%)\* |  | 3 |  | 3.6% |  |  |
| BP measurement protocol not described (%) |  | 42 |  | 55.3% |  |  |
| *BP measurement position* |  |  |  |  |  |  |
| Seated |  | 19 |  | 25.0% |  |  |
| Supine |  | 16 |  | 21.1% |  |  |
| Standing |  | 2 |  | 2.6% |  |  |
| Ambulatory BP monitoring |  | 2 |  | 2.6% |  |  |
| Combination of automated lab and ambulatory BP |  | 2 |  | 2.6% |  |  |
| Not reported |  | 35 |  | 46.1% |  |  |
| Pre-BP assessment rest period (min)^ |  | 34 |  | 9.3±5.0 |  | 0-20 |
| Post-BP assessment period (min)# |  | 1 |  | 1,440 |  | - |
| *BP assessment instrument* |  |  |  |  |  |  |
| Manual sphygmomanometer |  | 15 |  | 19.7% |  |  |
| Automated or semi-automated |  | 26 |  | 34.2% |  |  |
| Not reported |  | 35 |  | 46.1% |  |  |

***Note:*** All statistics are presented as mean ± standard deviation unless otherwise stated. *Abbr*. *k*=number of observations. BP=blood pressure. SD= standard deviation. %=percentage. \*Gold standard BP measurement methods. Thirty-one trials (40.8%) reported a BP measurement protocol other than the gold standard. ^Rest period length or time before BP measurement was taken pre-concurrent exercise intervention. #Time elapsed after concurrent exercise session before BP measurement.