|  |
| --- |
| Supplemental Table: Demographic data (age, leg dominance and playing position) given as mean and confidence interval. |
|   | control | placebo laser | dry needling |
|
| age (years) | 18.6 (17.1; 20.1) | 18.3 (17.2; 19.4) | 18.4 (17.5; 19.3) |
|
| leg dominance | right | 10 (100.0%) | 9 (90.0%) | 7 (70.0%) |
| left | 0 (0.0%) | 1 (10.0%) | 3 (30.0%) |
| playing position | Midfield | 4 (40.0%) | 4 (40.0%) | 4 (40.0%) |
| Defense | 3 (30.0%) | 3 (30.0%) | 3 (30.0%) |
| Striker | 2 (20.0%) | 2 (20.0%) | 2 (20.0%) |
| Goalkeeper | 1 (10.0%) | 1 (10.0%) | 1 (10.0%) |