**Supplemental Digital Content 1 (Figure).** Individual data for patients’ main endpoints.

**Aerobic power, peak values**







**VT**

 

**RCP**



**Strength test, leg press**



**Strength test, bench press**

 

**Maximal inspiratory muscle pressure**





Patients´ identification follows the same order as that in Table 1. Abbreviations: PImax, maximal inspiratory muscle pressure; PPO, peak power output; RCP, respiratory compensation point: VO2peak, peak oxygen uptake; VT, ventilatory threshold.