**Supplementary Table 2:** Adherence to SAAFE Teaching Principles

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| **Adherence to SAAFE teaching principles** *(circle and provide comments)* | | *(1 = Not at all true* to *5 = Very true)* | | | | |
| **SUPPORTIVE** | 1. **Teacher provides individual skill specific feedback** | **1** | **2** | **3** | **4** | **5** |
| 1. **Teacher provides feedback on student effort and involvement** | **1** | **2** | **3** | **4** | **5** |
| 1. **Teacher promotes positive interactions between students** | **1** | **2** | **3** | **4** | **5** |
| **Comments:** | | | | | |
| **ACTIVE** | 1. **Activities involve small-sided games or tabloids and children spend minimal time waiting for a turn** | **1** | **2** | **3** | **4** | **5** |
| 1. **Equipment is plentiful and developmentally appropriate** | **1** | **2** | **3** | **4** | **5** |
| 1. **Transitions between activities are efficient** | **1** | **2** | **3** | **4** | **5** |
| **Comments:** | | | | | |
| **AUTONOMOUS** | 1. **Some activities incorporate multiple challenge levels** | **1** | **2** | **3** | **4** | **5** |
| 1. **Students are given choices about the tasks and activities** | **1** | **2** | **3** | **4** | **5** |
| 1. **Students are involved in the set-up, decision-making or running of activities** | **1** | **2** | **3** | **4** | **5** |
| **Comments:** | | | | | |
| **FAIR** | 1. **Teacher ensures that students are evenly matched in activities** | **1** | **2** | **3** | **4** | **5** |
| 1. **Teacher acknowledges and rewards good sportsmanship** | **1** | **2** | **3** | **4** | **5** |
| 1. **If necessary, teacher modifies activities to maximise opportunities for success** | **1** | **2** | **3** | **4** | **5** |
| **Comments:** | | | | | |
| **ENJOYABLE** | 1. **Lesson starts with an enjoyable activity and concludes with an enjoyable experience** | **1** | **2** | **3** | **4** | **5** |
| 1. **Activities are meaningful and not repetitive** | **1** | **2** | **3** | **4** | **5** |
| 1. **Lessons involve a wide range of appropriate activities (based on the lesson focus)** | **1** | **2** | **3** | **4** | **5** |
| **Comments:** | | | | | |
| **General comments:** | | | | | | |