

Supplementary Digital Content 2: Associations of average acceleration and MVPA with body fatness (Sample 1 and 2) and physical function (Sample 2).

	Model 1		Model 2		Model 3*		Independent effect*
	Coefficient	95% CI	Coefficient	95% CI	Coefficient	95% CI	(Model 3)
SAMPLE 1 (Adolescent girls)	Pairwise N= 1527 to 1638		Listwise N = 1521		Listwise N = 1521		
^a MVPA _{TOTAL}							
<i>Generalised estimating equations</i>							
Percent body fat							
Average acceleration (mg)	-0.09	-0.13, -0.05	0.02	-0.01, 0.06	-	-	-
^a MVPA _{TOTAL} (min)	-0.03	-0.05, -0.02	0.00	-0.01, 0.02	-	-	-
Body mass index z-score							
Average acceleration (mg)	-0.01	-0.01, 0.00	0.01	-0.00, 0.01	-	-	-
^a MVPA _{TOTAL} (min)	-0.00	-0.01, 0.00	0.01	0.00, 0.01	-	-	-
SAMPLE 2 (Adults with type 2 diabetes)	Pairwise N= 260 to 291		Listwise N = 253-279		Listwise N = 253-279		
^a MVPA _{TOTAL}							
<i>Multiple regression</i>							
Percent body fat							
Average acceleration (mg)	-0.13	-0.26, -0.00	-0.15	-0.26, -0.05	-	-	-
^a MVPA _{TOTAL} (min)	-0.04	-0.06, -0.01	-0.04	-0.06, -0.15	-	-	-
Body mass index (kg.m⁻²)							
Average acceleration (mg)	-0.13	-0.21, -0.05	-0.15	-0.23, -0.08	-	-	-
^a MVPA _{TOTAL} (min)	-0.03	-0.05, -0.01	-0.04	-0.05, -0.02	-	-	-
Average grip strength (kg)							
Average acceleration (mg)	0.12	-0.03, 0.28	0.09	-0.04, 0.23	-	-	-
^a MVPA _{TOTAL} (min)	0.04	-0.00, 0.08	0.02	-0.02, 0.06	-	-	-
Sit-to-stand 60 (repetitions)							
Average acceleration (mg)	0.25	0.11, 0.40	0.22	0.06, 0.38	-	-	-
^a MVPA _{TOTAL} (min)	0.06	0.03, 0.10	0.06	0.02, 0.09	-	-	-
Short Physical Performance Battery (SPPB)							

	Model 1		Model 2		Model 3*		Independent effect*
	Coefficient	95% CI	Coefficient	95% CI	Coefficient	95% CI	(Model 3)
Average acceleration (mg)	0.06	0.03, 0.09	0.04	0.01, 0.07	-	-	-
^a MVPA _{TOTAL} (min)	0.02	0.01, 0.02	0.01	0.00, 0.02	-	-	-
^b MVPA _{BOUTS}							
Percent body fat							
Average acceleration (mg)	-0.13	-0.26, -0.00	-0.15	-0.26, -0.05	-0.12	-0.25, 0.01	X
^b MVPA _{BOUTS} (min)	-0.08	-0.16, -0.01	-0.06	-0.12, 0.00	-0.04	-0.10, 0.02	X
Body mass index (kg.m⁻²)							
Average acceleration (mg)	-0.13	-0.21, -0.05	-0.15	-0.23, -0.08	-0.10	-0.19, 0.00	X
^b MVPA _{BOUTS} (min)	-0.05	-0.09, -0.01	-0.06	-0.10, -0.01	-0.04	-0.08, 0.02	X
Average grip strength (kg)							
Average acceleration (mg)	0.12	-0.03, 0.28	0.09	-0.04, 0.23	0.15	0.00, 0.30	✓
^b MVPA _{BOUTS} (min)	0.03	-0.05, 0.11	-0.01	-0.07, 0.05	-0.04	-0.10, 0.02	X
Sit-to-stand 60 (repetitions)							
Average acceleration (mg)	0.25	0.11, 0.40	0.22	0.06, 0.38	0.15	-0.07, 0.37	X
^b MVPA _{BOUTS} (min)	0.07	-0.02, 0.16	0.07	-0.02, 0.16	0.05	-0.04, 0.14	X
Short Physical Performance Battery (SPPB)							
Average acceleration (mg)	0.06	0.03, 0.09	0.04	0.01, 0.07	0.04	-0.00, 0.07	X
^b MVPA _{BOUTS} (min)	0.02	-0.00, 0.03	0.01	-0.00, 0.02	0.00	-0.01, 0.02	X

^aMVPA_{TOTAL}: Total accumulated moderate-to-vigorous physical activity (MVPA) for adolescent girls (>200 mg) and adults with type 2 diabetes (>125 mg)

^bMVPA_{BOUTS}: MVPA accumulated in 10-min bouts (>100 mg).

Model 1 adjusted for clustering at school level only (sample 1) or unadjusted (sample 2). Model 2 adjusted for potential co-variates. Model 3 further adjusted for alternate activity metric.

95% CI = 95% confidence interval

*The final column indicates whether the associations with each activity metric were independent of the other metric (from Model 3). A dash (-) indicates multicollinearity was evident (VIF > 5) preventing the estimation of independent effects.

Significant associations are denoted in bold.