Wrist conditions	n 3	7	12			
Wrist/MCP angles	-30°/0°	0°/0°	0°/20°	0°/40°	20°/40°	
МСР	2	8		-10		

40°

20°

Shortened

60°

Lateral view

Stretched

-30°

Wrist angle

conditions

Neutral

0°

varied between -30° and 20° in stretched and shortened conditions, respectively.

Summary of joint position for both sessions (Wrist or MCP flexion) and lateral views at neutral position. For wrist conditions exclusively, the wrist angle was modified between -30° and 60° (180° corresponds to full flexion). For MCP conditions, the wrist and MCP angles were changed to test the largest articular amplitude. The MCP angle varied between 0° and 40°, and wrist angle