**Supplementary Table 2.** Descriptive statistics for the original sample’s categorical variables (*n*=1725-3596).

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Variables |  | All  *n* | Variables’ categories | Variables’ categories’  *n* (%) | Range |
| Confounding factors |  |  |  |  |  |
|  | Sex (1980) | 3596 | Females  Males | 1832 (50.9)  1764 (49.1) | 1-2 |
|  | Education (2007) | 2228 | Comprehensive school  Secondary education  Academic | 110 (4.9)  1569 (70.4)  549 (24.6) | 1-3 |
|  | Education (2011) | 2002 | Comprehensive school  Secondary education  Academic | 78 (3.9)  1415 (70.7)  509 (25.4) | 1-3 |
|  | Employment status (2007) | 2182 | Employed  Not employed | 2092 (95.9)  90 (4.1) | 1-2 |
|  | Employment status (2011) | 1957 | Employed  Not employed | 1851 (94.6)  106 (5.4) | 1-2 |
|  | Marital status (2007) | 2223 | Widowed  Unmarried  Divorced/ living separately  In a civil partnership  Married | 6 (0.3)  347 (15.6)  138 (6.2)  497 (22.4)  1235 (55.6) | 1-5 |
|  | Marital status (2011) | 2000 | Widowed  Unmarried  Divorced/ living separately  Cohabiting  In a civil partnership  Married | 8 (0.4)  269 (13.5)  151 (7.6)  346 (17.3)  38 (1.9)  1188 (59.4) | 1-6 |
|  | Smoking status (2007) | 2224 | Smokes a cigarette per day or more  Smokes once in a week  Smokes less than once in a week  Has quitted smoking  Has never smoked | 411 (18.5)  91 (4.1)  110 (4.9)  511 (23.0)  1101 (49.5) | 1-5 |
|  | Smoking status (2011) | 1999 | Smokes a cigarette per day or more  Smokes once in a week or more,  not daily  Smokes less than once in a week  Has temporarily quitted smoking  Has quitted smoking  Has never smoked | 306 (15.3)  58 (2.9)  87 (4.4)  28 (1.4)  502 (25.1)  1018 (50.9) | 1-6 |
| Dependent variable |  |  |  |  |  |
|  | Depressive symptoms  (dichotomized scores) (2012) | 1725 | No symptoms of depression/  minimal depression  Mild, moderate or severe depression | 1592 (92.3)  133 (8.8) | 0-1 |