



Supplementary figure 2: Correlation a) LBP (lipopolysaccharide binding protein) and HbA1c (glycosylated hemoglobin) in pooled analysis of both SIT and MICT subjects at baseline, b) between jejunal free fatty acid uptake and whole-body insulin sensitivity in MICT group after exercise, c) Blautia genus and whole-body insulin sensitivity in pooled analysis of both SIT and MICT subjects at baseline. LBP, sprint interval training (SIT) and moderate intensity continuous training (MICT).