

SDC Table 2. Metabolic, demographic and anthropometric characteristics

	ACUTE (n=22)	STAND-UP (n=60)	ARMING HEALTH (n=13)	FIT2SIT (n=34)	Overall (n=129)
Age	66.7±4.8	70.0 ±4.9	66.5±6.0	40.0±9.0	63.6±13.6 [range: 25 to 79]
Sex (female)	22 (100)	29 (48)	7 (53.8)	18 (52.9)	76 (58.9)
BMI (kg/m ²)	32.9±4.7	26.9±3.9	33.9±3.8	24.5±3.0	27.8±4.9 [range: 19.6 to 44.6]
Ethnicity (white European)	20 (90.9)	30 (50)	13 (100)	26 (76.5)	89 (69.0)
Fasting insulin (mU/L)	15.1±8.3	9.6±5.6	19.5±16.4	5.2±5.8	10.1±8.4 [range: 0.4 to 74.1]
Fasting glucose (mmol/L)	5.4±0.4	5.1±0.8	5.2±0.5	4.7±0.5	5.0±0.7 [range: 2.1 to 7.9]
HOMA-IR	3.6±2.1	2.2±1.5	4.6±3.9	1.0±1.2	2.4±2.0 [range: 0.1 to 17.1]
Non-diabetic hyperglycaemia	22 (100)	0 (0)	13 (100)	0 (0)	35 (27.1)
Data presented as mean ± SD and [range], median (interquartile range) or number (column percentage)					