**Health Report for U.S. Seminary Schools: Are We Training Healthy Clergy?**

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Supplemental Digital Content

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Descriptive statistics and health-related resources and programming at the seminary schools.

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| Table 1. Characteristics of Seminary Schools (N=57) | |  |  |  |  |
| Characteristic | | n | % | Mean | SD |
| Denomination | |  |  |  |  |
|  | General mainline Christian/non denominational | 9 | 20 |  |  |
|  | Lutheran of any kind | 5 | 11.1 |  |  |
|  | Baptist of any kind | 4 | 8.9 |  |  |
|  | Catholic | 4 | 8.9 |  |  |
|  | Episcopal | 3 | 6.7 |  |  |
|  | Other | 32 | 56 |  |  |
| Total enrollment of seminary students | |  |  |  |  |
|  | 1-49 students | 9 | 18.4 |  |  |
|  | 50-99 students | 13 | 26.5 |  |  |
|  | 100-149 students | 11 | 22.4 |  |  |
|  | 150-199 students | 3 | 6.1 |  |  |
|  | 200-249 students | 4 | 8.2 |  |  |
|  | 250+ students | 9 | 18.4 |  |  |
| Degree offered for clerical training | |  |  |  |  |
|  | Bachelor’s degree | 8 | 19.5 |  |  |
|  | Master’s degree | 44 | 89.8 |  |  |
|  | Doctoral degree | 28 | 59.6 |  |  |
|  | Post graduate certificate | 15 | 33.3 |  |  |
|  | General certificate (no prior education required) | 13 | 28.9 |  |  |
| Student Demographics | |  |  |  |  |
|  | % Reporting Non-Hispanic White as most common racial/ethnic group | 37 | 90.2 |  |  |
|  | % of the student body that is female (mean %) |  | 41.6 |  |  |
|  | % of students taking classes full-time (mean %) |  | 56.5 |  |  |
|  | % of students taking classes online only (mean %) |  | 9.2 |  |  |
| Seminary school location | |  |  |  |  |
|  | Large urban area | 16 | 32 |  |  |
|  | Moderately sized urban area | 11 | 22 |  |  |
|  | Suburban area | 11 | 22 |  |  |
|  | Small town | 7 | 14 |  |  |
|  | Rural area | 5 | 10 |  |  |
| Seminary school region | |  |  |  |  |
|  | Midwest | 15 | 31.9 |  |  |
|  | West | 9 | 19.1 |  |  |
|  | Southeast | 11 | 23.4 |  |  |
|  | Northeast | 12 | 25.5 |  |  |
| Seminary school faculty & staff | |  |  |  |  |
|  | Number of full time faculty |  |  | 14.98 | 12.76 |
|  | Number of part time faculty |  |  | 6.11 | 9.61 |
|  | Number of adjunct faculty |  |  | 9.67 | 8.4 |
|  | Number of staff |  |  | 33.04 | 47.22 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Table 2. Health-related resources and programming at seminary schools (N=57) and differences by school size | | | | | | | | | | | | | |  |
|  |  |  | Full sample (n=57) | | | | Smaller seminary schools (n=22) | | | | Larger seminary schools (n=35) | | | |
| Type of resource | | | n | % | Mean | SD | n | % | Mean | SD | n | % | Mean | SD |
|  | Reporting availability of resource | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | On-campus health-clinic | 17 | 34 |  |  | 6 | 29 |  |  | 11 | 38 |  |  |
|  |  | Student health and wellness committee | 12 | 24 |  |  | 5 | 24 |  |  | 7 | 24 |  |  |
|  |  | Campus exercise/physical activity facility | 30 | 60 |  |  | 7 | 33\* |  |  | 23 | 79 |  |  |
|  |  | Intramural sports | 26 | 53 |  |  | 8 | 40 |  |  | 18 | 62 |  |  |
|  |  | Student clubs for physical activity/exercise/sports | 26 | 53 |  |  | 9 | 43 |  |  | 17 | 59 |  |  |
|  |  | Mental health/psychological counseling center | 21 | 42 |  |  | 9 | 43 |  |  | 12 | 41 |  |  |
|  | Sum of health related resources on campus | |  |  | 2.59 | 1.68 |  |  | 1.95\* | 1.57 |  |  | 3.03 | 1.63 |
|  | Policy on types/quality of food in vending machine | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Yes | 4 | 7 |  |  | 0 | 0 |  |  | 4 | 11 |  |  |
|  |  | No | 6 | 11 |  |  | 1 | 4 |  |  | 5 | 14 |  |  |
|  |  | Don't know/unsure | 47 | 82 |  |  |  |  |  |  |  |  |  |  |
|  | Smoking policies on campus | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Not permitted at all on campus | 25 | 50 |  |  | 12 | 57\* |  |  | 13 | 45 |  |  |
|  |  | Smoking outside in designated areas only | 17 | 34 |  |  | 9 | 43 |  |  | 8 | 28 |  |  |
|  |  | Smoking permitted outside with no restrictions | 8 | 16 |  |  | 0 | 0 |  |  | 8 | 28 |  |  |
|  | Bike parking spots on campus | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | 1-19 spots | 35 | 71 |  |  | 19 | 95\* |  |  | 16 | 55 |  |  |
|  |  | 20-39 spots | 7 | 14 |  |  | 0 | 0 |  |  | 7 | 24 |  |  |
|  |  | 40-59 spots | 2 | 4 |  |  | 0 | 0 |  |  | 2 | 7 |  |  |
|  |  | 60-79 spots | 2 | 4 |  |  | 0 | 0 |  |  | 2 | 7 |  |  |
|  |  | 80 or more | 3 | 6 |  |  | 1 | 5 |  |  | 2 | 7 |  |  |
|  | Activity friendliness of the campus neighborhood (range 4-20) | |  |  | 15.29 | 2.77 |  |  | 15.67 | 2.63 |  |  | 15 | 2.89 |
|  | Number of public transit stops serving campus | |  |  | 1.95 | 1.32 |  |  | 1.82 | 1.38 |  |  | 2.04 | 1.3 |
|  | Mode of travel to campus | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Drive in an automobile as primary mode | 33 | 75 |  |  | 10 | 45 |  |  | 23 | 66 |  |  |
|  |  | Public transportation as primary mode | 2 | 4 |  |  | 1 | 4 |  |  | 1 | 3 |  |  |
|  |  | Walk as primary mode | 9 | 20 |  |  | 6 | 27 |  |  | 3 | 9 |  |  |
|  |  | Bike as primary mode | 0 | 0 |  |  | 0 | 0 |  |  | 0 | 0 |  |  |
| Note: \* indicates a significant difference with larger seminary schools, p<0.05 | | | | | | | |  |  |  |  |  |  |  |