

Provision for a HopeFULL Journey

This is just a sampling of resources for both patients and nurses on our journey of hope! Take these suggestions and add others to your list!

Books

Handbook for Mortals: Guidance for People Facing Serious Illness by Joanne Lynne, ISBN#0-19-514601-8.

Where is God when it Hurts? A comforting, healing guide for coping with hard times (1990) by Philip Yancey, ISBN#0-310-24747-0 Mandatory reading for all Christians! Yancey has a beautiful way of exploring the stark reality of our human concerns with rich biblical foundation. See also his book on Prayer.

Christian Caregiving: A way of life by Kenneth C. Haugk ISBN#978-0-8066-2123-4 Haugk is a pastor and clinical psychologist and founder of Stephen Ministries equipping lay persons in caring ministry. This great resource equips ALL Christians to minister to fellow believers.

The Helper's Journey: Working with people facing grief, loss, and life-threatening illness by Dale G. Larson. ISBN# 978-0878223442. Suggested by Rev. Kate Freeman, Chaplain, this is a book for professional care providers AND family caregivers.

****A medical/health library can be a great resource with books, articles and a medical librarian****

Devotion:

Jesus Today: Experience hope through his presence (2012) by Sarah Young ISBN 978-1400320097 Each devotion is Jesus speaking directly to the reader and immensely popular. Available through various formats. Young's previous work "Jesus is calling" has a kids/tweens version

Websites:

Bereavement website featuring "Tear Soup" for both adults and children! www.griefwatch.com
Scripture listing for comfort, hope, peace, etc <http://www.ourjourneyofhope.com/ministry-resources/>

Music:

Music is quite individual and there are many ways to bring music to patients, besides the traditional church or group coming to the bedside (still a great idea!):

www.klove.com. radio, online, and app with today's Christian music!

YouTube:

Music comes in so many formats beyond listening and readily accessible: Official videos, music w/ lyrics as part of the video. Here is a suggestion:

Overcomer by Mandisa. The music video depicts real OVERCOMERS! Gabrielle Giffords and Robin Roberts and others. <http://www.youtube.com/watch?v=b8VoUYtx0kw>

www.live365.com potpourri of Christian music: southern gospel, classic hymns, country, etc; listen online.

<http://www.hymnal.net> has a collection of hymnal music w/lyrics—listen online.

Here is a sample:

Moment by Moment Lyrics: Daniel Webster Whittle & Music: May Whittle Moody

click on the link Source: <http://www.hymnal.net/en/hymn.php/h/486#ixzz2ufNk1DYH>

- Dying with Jesus, by death reckoned mine;
Living with Jesus a new life divine;
Looking to Jesus till glory doth shine,
Moment by moment, O Lord, I am Thine.
- Moment by moment I'm kept in His love,
Moment by moment I've life from above;
Looking to Jesus till glory doth shine;
Moment by moment, O Lord, I am Thine.
- Never a battle with wrong for the right,
Never a contest that He doth not fight;
Lifting above us His banner so white;
Moment by moment I'm kept in His sight.
- Never a trial that He is not there,
Never a burden that He doth not bear;
Never a sorrow that He doth not share,
Moment by moment, I'm under His care.
- Never a heartache, and never a groan,
Never a teardrop, and never a moan;
Never a danger but there on the throne
Moment by moment He thinks of His own.
- Never a weakness that He doth not feel,
Never a sickness that He cannot heal;
Moment by moment, in woe or in weal,
Jesus, my Savior, abides with me still.

Apps for Phone/Tablet

Olive Tree--Bibles, Bible Study, Daily Reading, etc. FREE

Daily Bread Devotional Popular daily devotional that comes in print—now and APP! FREE--

Poetry

Prayer of an Unknown Confederate Soldier

*I asked God for strength, that I might achieve,
I was made weak, that I might learn humbly to obey...
I asked for health, that I might do great things,
I was given infirmity, that I might do better things...
I asked for riches, that I might be happy,
I was given poverty that I might be wise...
I asked for power, that I might have the praise of men,
I was given weakness, thus I might feel the need for God...
I asked for all things, that I might enjoy life,
I was given life, that I might enjoy all things...
I got nothing I asked for—
 but everything that I hoped for.
Almost despite myself, my unspoken prayers were answered.
I among all men, most richly blessed.*

Suggested Psalms Here is a listing of common headings to guide a search of the Psalms.

Shepherd's Care—Psalm 23

Lord's Security & Protection—Psalm 91; then praise for the Lord's goodness—Psalm 92

Lord's mercies—Psalm 103

Lord's Care over his works—Psalm 104

Book 5 (Psalms 107-150) are all worship/praise songs and prayers to God.

Praise for God's word—Psalm 119

Thanks for God's eternal lovingkindness--Psalm 136

God's intimate care of us—Psalm 139